

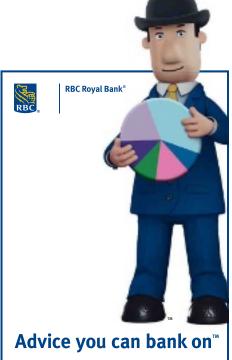
SHORT STAY
A TOUR OF
ALCATRAZ PRISON
BY NIGHT (page 17)

STALKER ARREST MADE IN HALLE'S BACKYARD (page 16)





Wednesday, July 13, 2011 www.metronews.ca
News worth sharing.



Council to vote on LRT tomorrow

Seasoned public delegate doubts speakers will sway votes, prompt change

City Council is set to vote on the \$2.1-billion light rail plan tomorrow, but before it does, members of the public will have the chance to have their say.

At least eight people are signed up to speak to council, including David Jeanes. Jeanes, president of Transport Action Canada, has spoken before the council as a whole and to council committees "200 to 300 times" over the last 14 years — but he doesn't think what people say tomorrow will change any councillors' minds or the LRT plan.

"People can have their say and they'll be heard. It's just that I don't think much change will come," said Jeanes

Councillors will have already considered staff reports and likely made up their minds, said Jeanes. However, he still believes it's important councillors listen.

"The mayor looks forward to the input and ideas from residents about how we can move forward with light rail and improve transit in Ottawa."

BRUCE GRAHAM, PRESS SECRETARY FOR OTTAWA MAYOR JIM WATSON

"This is a pretty fundamental decision that they're making and it will have an impact on the public," said Jeans.

Mayor Jim Watson said Thursday he's looking forward to input and that previous consultations unearthed dissatisfaction with the depth of the downtown stations — a problem that he said will be fixed if the new plan is approved.

JESSICA SMITH



The Buck stops here at Bluesfest

Eclectic, quirky Canadian hipster-geek hip-hop artist Buck 65 went head to head with classic rock legend John Fogerty last night at the Ottawa Bluesfest. Buck 65 hit the Hard Rock Café stage while the older rocker was at the main stage. The younger crowd had a blast as the Nova Scotia native and CBC host gave it his all and even sampled a bit of Credence Clearwater Revival. For a photo gallery of last nights music, go to metronews.ca.



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960 Bank St

Local student prepares for math competition

Canadian math team hoping to beat last year's 13th-place finish out of 96 ● James Rickards currently training in Banff, Alta., for event





James Rickards has a lot of problems these days — practice math problems, that is.

"They're problems that can be solved using high school math only, but they're beyond the normal level," said Rickards, a student at Colonel By Secondary School. Rickards spoke to Metro on the phone from the Banff Interna-

tional Research Centre. where he has spent the last week training for the International Math Olympiad.

"You use tips and tricks that you normally don't learn in high school. That makes them a lot harder."

The problems he and other high school students from around the world will try to solve at the International competition in Amsterdam on July 18 to 19 require ingenuity, creativity and several hours to solve.

"The main competition is two days long, and each day there's a three-question test and you have four and a half hours — so you have six questions and nine hours," said Rickards. "Each one gets a mark from zero to seven, and you calculate your sum and that's your total score."

Each country can send teams of six.

"We like to add together everyone's score from

each country and see which country is the best," added Rickards.

Rickards was chosen for the team by scoring well in qualifying math contests. He's been doing math competitively since Grade 8 and plans to study math in university, but doesn't know where it will lead him. In the meantime, he said he'll enjoy the trip to Amsterdam and doing math when he gets there.

"I find it fun and it's a challenge," he said.

City cancels regional lifeguard competition

Ottawa has cancelled its regional lifeguard competition slated for July 14-15 due to insufficient interest from lifeguard teams.

Despite the cancellation, the city will still officially launch Drowning Prevention Week at Genest Outdoor Pool at 43 Ste-Cécile St. on Saturday, July 16 at 1 p.m. with a variety of activities and lifeguard demonstrations, including life-jacket fittings and water-survival skills, along with some games for children. In case of rain the event will be held at the St-Laurent Complex at 525 Côté St. METRO

Police ask public for help

Ottawa Police Service want the public's help finding the occupant of a vehicle found unattended near the water in the Shirley's Bay area. Police say they can't confirm the identity of the person who was driving the vehicle and have not been able to reach the

A search is currently being conducted in the area. Anyone with information about the vehicle occupant or who witnessed anything is asked to contact the Ottawa Police at 613-236-1222 ext. 2912 or Crime Stoppers at 613-233-8477 (TIPS) or toll free at 1-800-222-8477.

METRO





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Buff knows his places

▶ Top students from 18 countries — including China, Australia, U.S. — to compete in geography championship



Alexander Cohen has never been to San Francisco, but can smoothly rattle off trivia about the Golden Gate Bridge.

The Ashbury student and geography buff will see the city himself when he competes there in the National Geographic "The nationals are almost impossible to study for and this is even harder. They could ask absolutely anything."

ASHBURY STUDENT ALEXANDER COHEN, 15

World Championships, July 24-27, after coming first in this year's Great Canadian Geography

Challenge.

To prepare for his faceoff with the world's best young geographic minds, he's cramming and plotting strategy with teammates Aoife O'Leary and Alejandro Torres-Lopez, both from British Columbia.



An Important Notice for

Adult Ontarians Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

There are three key tests that people living with diabetes should receive on a regular basis. They are:

- the HbA1C blood glucose control test, which patients should receive at least every six months
- the LDL-C cholesterol test, which patients should receive every year
- a retinal eye exam, which patients should receive every two years

The Diabetes Testing Report was created to help inform your primary care provider (physician or nurse practitioner in a Nurse Practitioner-Led Clinic) of when you last had each of these three tests.

People living with diabetes who are tested regularly are better able to manage their diabetes and avoid complications. The Diabetes Testing Report will help you and your primary care provider better manage your diabetes care by reminding him or her if you are overdue for an HbA1C test, LDL-C test or retinal eye exam, and it will encourage you and your primary care provider to talk about your diabetes care.

Protecting Your Privacy

In order to create the Diabetes Testing Report, your primary care provider may share personal health information, including your name, OHIP number, and date of birth, with the Ministry of Health and Long-Term Care (MOHLTC). He or she will also confirm whether you have diabetes. In response, the MOHLTC will share the most recent dates of each of the three tests with your provider. Your privacy is important, and you are not required to have your information included in this report.

Deciding Not to Share Your Information

You may decide that you do not want your primary care provider to disclose your information to the MOHLTC, and that you do not wish to be included in your provider's Diabetes Testing Reports. If you choose to withhold or withdraw your consent, this will in no way affect your relationship with your health care provider and he or she will continue to provide care to you.

If you wish to withhold or withdraw your consent to having your information disclosed by your primary care provider and in any Diabetes Testing Reports that MOHLTC sends to your primary care provider, call **1-800-291-1405** (TTY: 1-800-387-5559). If you have previously withheld or withdrawn your consent to have your information included on the Diabetes Testing Report, you do not need to withhold or withdraw your consent again. If you wish to reinstate your consent, you can do so by calling the number above.

In Ontario, the Personal Health Information Protection Act, 2004 (PHIPA) is the legislation that governs the collection, use, retention, and disclosure of personal health information by health information custodians, including MOHLTC and primary care providers. For more information about the collection, use, and disclosure of your personal health information for the purposes of the Diabetes Testing Report, call the numbers listed above. For more information about diabetes, visit **ontario.ca/diabetes**.





▶ Bob Brown and Catherine Gardener pose in front of an old bus being retired because it isn't wheelchai accessible. Both members of the city's accessibility advisory committee say the new low-floor bus fleet will also benefit seniors and parents with strollers.

Ottawa retires last of city's inaccessible buses

Taking transit around Ottawa was always a little bit of a gamble for Bob Brown because he'd never know if the next bus would pick him up or pass him by, possibly making him miss a connection or arrive late at an appointment.

"Now it's not a worry," said Brown. "I know I'll be able to get on."

City officials announced yesterday they've retired the last of the high-floor buses, which were inaccessible for people who use wheelchairs or other mobility aids.

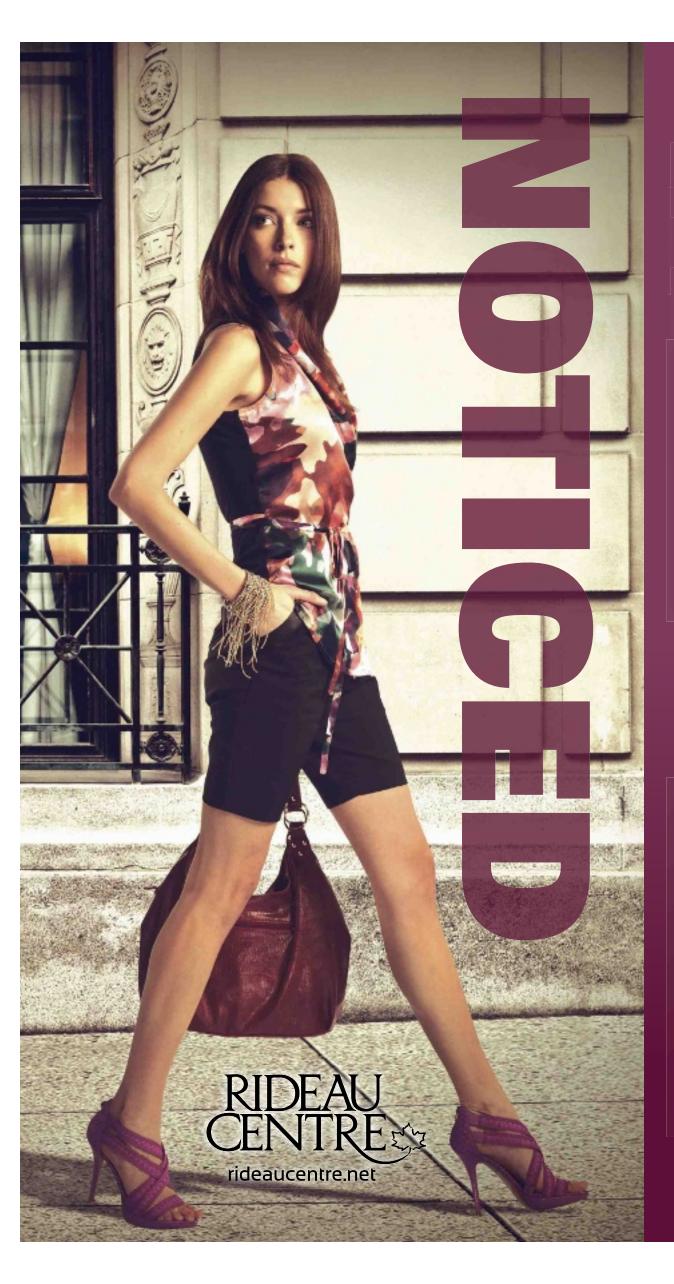
Brown, who is quadriplegic, can now use 100 per cent of the city's fleet as long as the bus isn't completely full or the wheelchair spaces aren't already taken, he said.

"Rush hour is still a concern," he said.

Brown and Catherine Gardener, who work with the city on accessibility issues through an advisory committee, both said the retirement of the inaccessible buses is good news worth celebrating.

Both said they still have concerns about the design of the city's new double-decker buses, but will continue to work with the city on the issue.

JESSICA SMITH



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Word on the street

Do you think Twitter should be monitored, policed and restricted?



Dave Stibrany 27, WEB DEVELOPER, TORONTO

There's such a fine line between free speech and what you can say. It's hard to monitor it, but I definitely think that something should be done with this problem.



Valentina Monreal 23, STUDENT, TORONTO

Of course. But who's actually going to monitor it? Everyone's going to use the whole free-speech amendment.



Brian Wong 24, MARKETING, AURORA

I don't think it should be monitored. People are going to think whatever they want to whether or not you let them say it on Twitter.



Oma Okuma

40. GRAPHIC DESIGNER, VANCOUVER Maybe we're going to say that everyone should have their free opinion or whatever, but I don't know - people can be very cruel.

Lessons from celeb tweets gone wrong

A word of caution to Twitter users, celebrity or otherwise: Be careful not to show too much Weiner. As one United States congressman found out the hard way, nothing sent online is ever private. Here are some celebrity tweets gone wrong:

Anthony Weiner: U.S. Representative Anthony Weiner resigned as a result of inappropriate

messages and photos he sent to women on Twitter and Facebook. Most famous is a tweet of his boxer-clad genitals he sent to a 21-year-old woman. Ryan Seacrest:

The former American Idol host tweeted contestant Lacey Brown's elimination on American Idol 17 minutes before the show aired.

"Packed radio show to- Weiner

morrow ... got tonight's voted-off idol lacev brown, @orianthi, @thedavidcook, & dakota fanwith deets



'Eclipse.'" Kenneth Cole:

The world-famous designer had to apologize after comments he made about the uprising in Egypt, resulting in outrage from the Twitter community.

"Millions are in uproar in #Cairo. Rumor is they heard our new spring collection is now available http://bit.ly/KCairo -KC" **Courtney Love:**

The singer's tweets about designer Dawn Simorangkir cost her \$430,000 in a libel lawsuit. She called the designer a "vile horrible lying bitch," as well as cocaine dealer, embezzler, racist and homophobe, and even threatened her life.

РНОЕВЕ НО

Mob mentality yielding mean tweets on negative stereotypes

#fatpeoplenightmares was trending topic across Canada and the U.S. for nearly 31 hours last week



When Twitter goes from fun, games and Bieber love to mean trending topics, it becomes a form of bullying, an expert says.

"When you look at taunting and teasing within Twitter ... that type of bullying can drive a person to some serious depths of despair," said Tim Richardson, social media expert and ecommerce professor at the University of Toronto.

Trending topics like #whatmakesablackgirlmad like illustrate how Twitter can become a platform for negative stereotyping and cyber-bullying, said Richardson.

week, Twitter Last showed its mean streak again when users began posting hundreds of tweets suggesting overweight people fear exercise, lettuce and the middle seat on flights.

"At the moment, you really don't think how it could affect someone. You just respond to it to make other people laugh." MARITZA SANCHEZ, 21

"People were these things that are so hurtful that they would never have the guts to say in person," said Sam Tremblay, 22, who tweeted to the criticize #fatpeoplenightmares hash tag.

Richardson said many Twitter users do not think twice before tweeting because they can hide behind the anonymity of the Inter-

"The thing with Twitter is that people are distanced from the pain that they're causing other people, and so they will do these things more easily," Richardson

Maritza Sanchez, 21,



discussions that encourage users to tweet comments that reinforce negative stereotypes.

tweeted that overweight people are afraid their cake will come to life and run away. Sanchez said she knows it wasn't right but she didn't consider how others would feel at the

But one Torontonian, who tweets as @Kanadian Kid, said users should lighten up because Twitter is not a serious platform. Another user, @guyanesemon, equated the tweets to standup comedy.

Watch your social media activities during job search

Your job application was turned down even though vou have the education, skills and experience the company is looking for. Reason? Check your Facebook and Twitter posts.

Some employers say they base about half of their hiring decisions on applicants' social media activities.

"What intrigues me enough to contact that person is what they have online, what they have done in the past," said Sam Manna, director of client development and talent acquisition at Argentus Search Group.

"If the person doesn't have a filter, if they don't understand the line between what should be said and what shouldn't be, then it's kind of hard for us to put our name on that person and say that's the best that we have.'

РНОЕВЕ НО

Facebook, Time Warner gang up on bullies

Facebook and Time Warner are ganging up on bullies to address a problem that torments millions of children and young adults.

partnership an-The nounced yesterday calls for Facebook and Time Warner to use their clout to raise awareness about bullying and encourage more people

to report the abuses when they see them. Facebook's participation reflects a growing recognition that its online social network consisting of more than 750 million people has become an outlet for harassment as well as friendship.

"We believe that by working together with parents and teachers, we can teach young people to speak up and stop bullying," said Sheryl Sandberg, Facebook's chief operating officer.

The anti-bullying campaign will be waged on the Internet, on TV and radio and several major U.S. magazines. THE ASSOCIATED PRESS

News in brief

TV watching down: StatsCan

Fewer Canadians are regularly watching TV today

but those who do haven't curtailed their viewing. Statistics Canada reports that the proportion of Canadians who said they watched television dropped from 77 per cent to 73 per cent between 1998 and 2010. THE CANADIAN PRESS

CIA infiltrated Abbottabad: Report

Pakistani officials arrest doctor who helped run fake medical program designed to obtain bin Laden DNA

The CIA ran a phoney vaccination program in the Pakistani town where Osama bin Laden's family was believed to be living in an effort to obtain DNA evidence indicating whether the al-Qaida leader was there, the New York Times reported.

An American official said the Pakistani doctor who ran the program in Abbottabad gained temporary access to the bin Laden compound but never saw bin Laden himself and failed to obtain DNA samples from bin Laden family members, the Times reported on Monday.

A team of Navy SEALs killed bin Laden during a raid in May. U.S. officials have said they were not certain bin Laden was in



the compound in Abbottabad when President Barack Obama gave the go-ahead for the opera-

Dr. Shakil Afridi, who ran the vaccination program, has been arrested and held in Pakistani custody because of his suspected collaboration with the U.S., the Times reported

The CIA declined to comment on the Times report when contacted by The Associated Press. The vaccination program was first reported by the Guardian newspaper of London.

The bin Laden raid was kept secret from Pakistani officials, which has strained U.S.-Pakistan relations. Bin Laden's ability to live for years in Abbottabad, where Pakistan's main military academy is located, has led to speculation in the U.S. that some elements of the Pakistani government knew of his whereabouts.

THE ASSOCIATED PRESS



Two people go down at San Fermin

Two people have been injured in the sixth running of the bulls at Spain's famed San Fermin festival. Spanish Red Cross spokesman Jose Aldaba said yesterday that one person suffered a horn injury to the back and another was hit in the shoulder. It was not immediately known how serious the injuries were.

Afghan president's relative killed

Ahmed Wali Karzai, the half-brother of the Afghan president, was shot dead early yesterday by a security guard who was well known to the family of the Kandahar political kingpin.

The alleged assassin, identified as Sardar Mo-

hammed, was immediately gunned down by members of Karzai's security detail, local police said.

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NASA 'nauts take final spacewalk

Robots to eventually assume duty of refuelling satellites that orbit as high as 38,886 kilometres

Astronauts making the last spacewalk of NASAs spaceshuttle era yesterday retrieved a broken pump from the International Space Station and installed a fill-er-up experiment for a robot.

In a departure from previous shuttle visits, the spacewalking job fell to space-station astronauts Michael Fossum and Ronald Garan Jr.. They completed the two major chores inside of 3½ hours.

The ammonia coolant pump stopped working last July and, for more than two weeks, left the space station with only half its cooling capability. Spacestation residents had to perform three emergency spacewalks last summer to replace the pump and re-

store full cooling to all the on-board equipment.

NASA wants the pump brought back to Earth so engineers can figure out why it failed to help them keep the on-board station pumps running.

But perhaps more than anything else on this final journey by a shuttle, the robotic demo illustrates the possibilities ahead for NASA: satellite-refuelling stations in space run by robots.

The space station's twoarmed robot Dextre won't tackle the \$22.6-million playset until long after Atlantis departs and the shuttle program ends.

The station is intended to operate until at least 2020

THE ASSOCIATED PRESS



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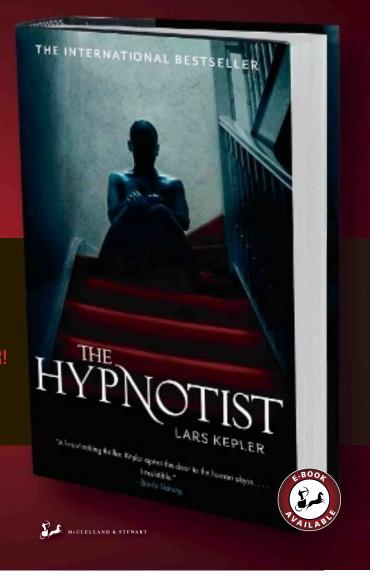






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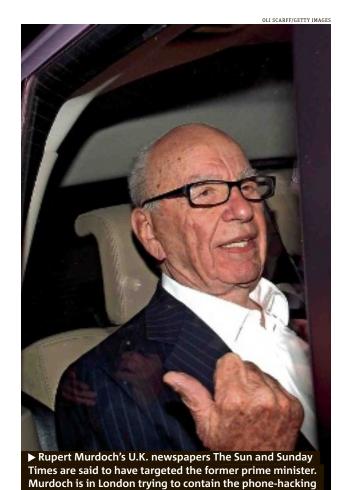




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scandal that has thrown his media empire into disarray.

Give up BSkyB: British PM

- David Cameron tells Rupert Murdoch to withdraw bid for broadcaster
- Sides with opposition Phone hacking scandal reaches former PM

Bad news week

- The rapid erosion of Rupert Murdoch's political influence is raising speculation that he could close his U.K. newspapers to avoid more legal problems and boost his hopes of seizing control of BSkyB.
- But some observers think the idea of a U.K. newspaper shutdown is absurd. "It's completely bonkers," said Claire Enders of Enders Analysis. "They just invested \$1 billion in new presses. They have revenues of 1 billion pounds a year and around 50 million pounds profit."

The cozy relationship that Rupert Murdoch long enjoyed with the British political establishment came to an abrupt end yesterday, just as he needed it to complete one of his biggest media buys ever.

The billionaire, tainted by a cellphone hacking scandal at one of his newspapers, suddenly faces stiff government opposition to his bid for total control of a much more lucrative property: the satellite British Sky Broadcasting company.

The news came in a stunning announcement from Prime Minister David Cameron that the government will support an opposition motion calling on Murdoch and his News Corp. to withdraw the \$12billion US bid for BSkyB.

Cameron's turnabout **Market moment** News Corp. + 0.3¢ (13,234.07) (103.5¢ US)



means the Australian-born Murdoch, who held great influence in British politics no matter who ran the government, suddenly finds all three major political parties lined up against him. He's even been asked to appear before lawmakers next week to answer questions about the conduct of News International, the U.K. arm of

Cameron took action after his predecessor, Gordon Brown, gave an emotional televised interview yesterday saying that Murdoch journalists had illegally obtained his confidential bank accounts, tax records and even health information about his son, who suffers from cystic fibrosis.

News International did not comment on the government's decision yesterday. Murdoch, his son James and News Interna-tional chief Rebekah Brooks have been asked to appear before British lawmakers to answer questions about the hacking charges. THE ASSOCIATED PRESS

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is 10 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-75 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed		
I am having difficulty sleeping		
I am feeling low in energy and slowed down		
My appetite has changed		
I am experiencing feelings of guilt		
I have lost interest in work and pleasurable activities		
I feel hopeless about the future		
I feel tense and anxious		
I am having difficulty making decisions		
I am having trouble concentrating		



Ottawa Psychopharmacology Clinic Smyth Medical Centre

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All information is kept in strictest confidence. Research programs are reviewed by an ethics review board.

RIM future secure with new smartphones: CEOs

Research In Motion faces challenges as it moves toward the release of a new operating system, but the company is strong and on the verge of its biggest product launch ever, Jim Balsillie, RIM's co-chief executive, told shareholders yesterday at the company's packed annual meeting in Waterloo, Ont.

There were no signs of serious discontent among shareholders, despite a recent spate of criticism and a serious drop in RIM's stock price. In fact, Balsillie and co-CEO Mike Lazaridis were welcomed with applause from what appeared to be a partisan crowd, and their comments were received

► From left, Grant Gardiner, co-chief executives Mike Lazaridis and Jim Balsillie, and Rob Staley take questions from shareholders yesterday at the Research In Motion

Balsillie and Lazaridis highlighted plans to launch seven new BlackBerry smartphones running its operating system, which they insisted would help the new BlackBerry Bold jump a generation in technology and secure the

company's future success. RIM's management structure has come under criticism as Balsillie and Lazaridis currently serve as both co-CEOs and co-chairmen of the company. Some say the roles should be divided. THE CANADIAN PRESS

Ottawa cheapest city: Survey

Ottawa is the cheapest place to live in Canada, while Toronto is the costliest, consulting firm Mercer says. The annual survey looks at housing, transport, food, clothing and entertainment. Higher rents helped Toronto surpass Vancouver as the Canadian city with the highest cost of living. Toronto now ranks as the 59th most expensive city

in the world, while Vancouver ranks six places lower. Ottawa is 114th in the world, and Montreal and Calgary take 79th and 96th place respectively. The highest cost of living in the world is in Luanda, Angola, and Tokyo. THE CANADIAN PRESS

3 JACKPOT ALERT

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Chloe, has been bugging me for years to coach her house-league soccer team. I remember how cool it was when my dad coached me at soccer as a kid, so I finally stepped up this spring and volunteered, having no real idea of what the heck I was getting myself into or the learning curve involved.

My youngest daughter,

One of my biggest fears, other than the time involved, was this: You take an ultra-competitive guy who played all-star soccer growing up and put him in charge of a bunch of nine-year-old girls at different skill levels and you just don't know what you're going to get.

My wife has been like, "Well, you're not here to teach them how to win; you're here to let them have fun, exercise, develop some skills." But I'm like, "I know it's house league, but, well, I just *hate* losing. At anything. Period. How can I just turn off my competitive nature? Let's bend it like Beckham!'

Somehow, I have tried to repress that competitive

"The long and the short is this: To the thousands of dads and moms across Canada who volunteer their time each week coaching teams I'm starting to get it now. You guys are awesome. See you at

indoor soccer."

I do my best to be fair with all the girls. I divvy up playing time and allow them to try different positions and develop at their own pace. If a more skilled forward scores a goal, I will (while biting my tongue) sometimes move them back to midfield or defence or sub them out just to prove it's not all about win-

I have also learned to navigate other coaching duties: What parents bring snacks each week, huge storms that blow in out of nowhere where you have to yell at the teenage referee "Stop the game early! Pull the kids off the field!" and the delicate balance of

coaching your daughter and not playing favouritism.

The ultimate goal about coaching at this level, I'm learning, is to empower these girls. To encourage and instil confidence in them at this vital life stage while also just letting them have fun. If we happen to win the game, too, that's gravy. (That said, if we're up 2-1 with minutes to go, I might put my best defenders back there, but shhhhh.)

My daughter loves that daddy is the coach. And daddy pretty much loves doing it, though there are moments after a long work day where he would rather just kick back than gather all the soccer balls and game sheets and water bottles and drive to a soccer field to coach on a sweltering summer evening.

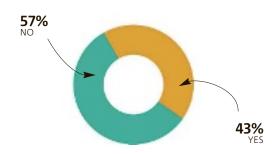
The long and the short is this: To the thousands of dads and moms across Canada who volunteer their time each week coaching teams — I'm starting to get it now. You guys are awesome. See you at indoor soccer.

EDITOR'S NOTE: PAUL SULLIVAN'S JUST SAYIN' WILL RETURN NEXT WEEK Follow Neil Morton on Twitter (Aneilmorton).



Register at metropolitanpanel.ca and take the quick poll

Will the U.S. Congress reach a deal to raise the debt limit?



Local tweets



@Kristina ARC: i am very excited to be seeing @threedaysgrace tonight playing

@ottawabluesfest @KatyChancey: Just got stuck behind a bike cop en route to work. So confused!! Anyone know laws re: passing bike cops?? #Ottawa #cy-

@andrzeja: Getting ready to see a few friends over beers on my last night in #Brussels ... Next stop is #Ottawa.

@saffronboots: I predict a recumbent cyclist is going down first, from a right turning vehicle onto Metcalfe.

#Ottawa #NCR #rightofway @acraftymom: #Ottawa drivers: just to recap, at a four way stop you go in the order in which you arrived!

@wineguy2005: Looking forward to shore club ottawa this weekend with good friends. Will be nice to see mr. Tower as well

@justinmcleod32: @NHL Heatley won't do as well in #mnwild as he did in Ottawa. It's called karma and hockey gods don't like what he did

@wemoveuguys: So cool, we have 8 sail boats anchored for the night in front of our house, ottawa river ... nice, party??

Worth mentioning

Schools and hospitals were designated by the UN Security Council yesterday as safe havens for children threatened by

Led by visiting German Foreign Minister Guido Westerwelle, the council voted unanimously yesterday to have the UN chief "name and shame" national security forces and other armed groups that target schools and hospitals in conflicts, often killing, maiming or sexually violating children. The resolution, spearheaded by Germany, also called on all countries to take action to help stop the growing practice

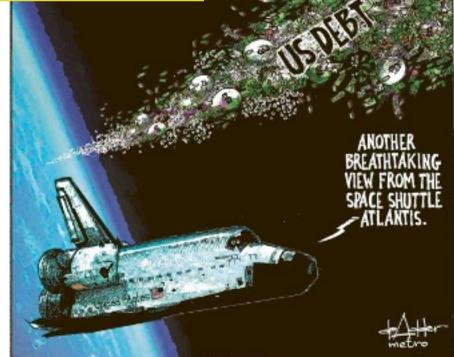
"Because children are very often the first victims of violence and conflict, we must do what we can to protect them," Westerwelle said. Jo Becker, advocacy

director for children's rights at Human Rights Watch, said a UN blacklist of groups responsible for school and hospital attacks could have "a real

What this does is puts them on notice,' Becker said. "It stigmatizes them.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



Honey spill creates quite the buzz

Cleanup crews in Island Park, Idaho, found themselves in a sticky situation after clearing honey and an estimated 14 million bees that got loose after a delivery truck overturned on a highway.

Fremont County Sheriff deputies say several workers were stung during the first few hours of the cleanup Sunday.

And some observers told The Post-Register about seeing a strange black cloud and roaring noise above the spill area before realizing it was

> a massive swarm of bees. Authorities say a truck was hauling the bees to North Dakota from California when the driver veered off the shoulder, tipping more than 400 hive boxes and honey.

Crews worked all day Monday before removing all the honey from the roadway, though deputies say a significant amount of bees were still

buzzing. The associated press



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scene

Jersey Shore



the 25-year-old

resident into a

Bronx, New York,

pretrial interven-

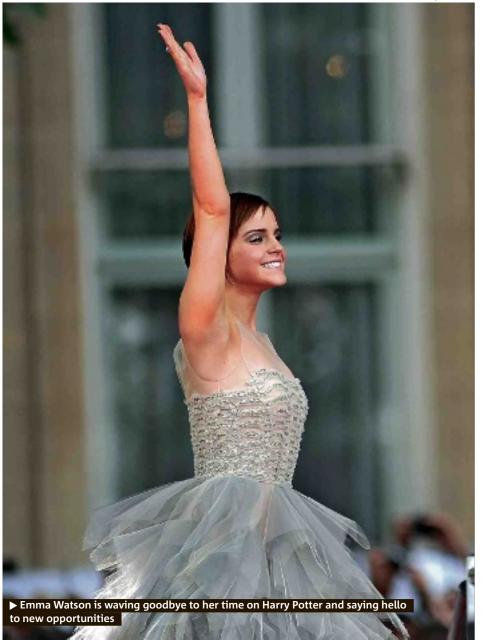
tion program for 18 months. Under

the program, he neither admits nor denies guilt.

THE ASSOCIATED PRESS

Patty, Ellen and a new life for 'Damages' as legal thriller returns

Watson waves bye to Harry Potter era



• Actress looking forward to new films, new schools and new changes



From the age of nine, British actress Emma Watson has lived and breathed Harry Potter — having starred in all eight of the films as Potter's close friend, the bookish Muggle-born Hermione Granger. While Watson gave a tearful speech at the final film's premiere in London last week, as Harry Potter and the Deathly Hallows: Part Two gets released, the actress is also eagerly awaiting her post-Potter life — even if she and Hermione have basically already become the same person.

What was your last scene as Hermione?

The last shot we did was this strange moment where we dive into the fireplace in the Ministry of Magic. It was actually for part one, not part two and so Dan, Rupert and I one by one jumped onto these blue safety mats. It seemed like a strange scene to go out on but actually (director David Yates) made the point that we were leaping into the unknown.

It was kind of a perfect metaphor for what we were all about to go into. I can't tell you how I felt when we were shooting it.

Were there any last moments

from shooting that stick out in your mind?

This film was obviously incredibly challenging for me.

It really pushed me as an actress but at the same time, I was able to use a lot of my own genuine emotion that I felt about loss and it all coming to an end. So yeah, not much acting required, really. It was all there for me.

What's next for you?

It's obviously scary — change is always scary, but I feel like I'm entering a new chapter, like I get a fresh start, and there's something really exciting about that. I have just made a film called The Perks of Being a Wallflower which was just an incredible experience.

So are you going back to Brown?

I'm going to Oxford in the fall to study English for a year. I haven't left Brown. I'm still enrolled at Brown but I'm doing my third year abroad, studying at home, abroad for me. I'll go back to the States for my last year. I took a semester off but my A-level credits actually count as an advance placement.

The man behind the magic

David Yates has directed the last four Harry Potter films, and some of the best reviewed. Metro found out how he pulled it off.

At the end of shooting The Deathly Hallows did you feel relieved or did you feel like you could do four more films?

you could do four more films? I was really glad we'd finished, quite honestly. It's very tough making these

movies. They're really complicated. The reason I think I lasted longer than anyone else is because I enjoyed the world very, very much. The people gave me a lot of energy — Dan, Rupert and Emma, the crew, my producers... And, I didn't want to be the director that did the two in the middle. There was some-

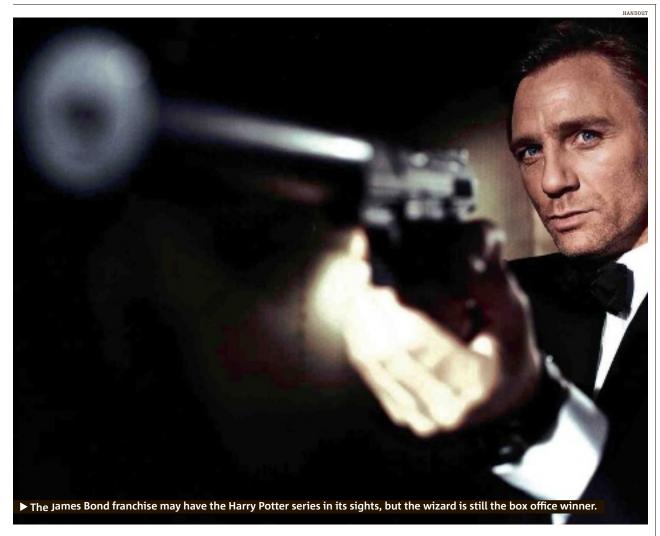
thing about that that made me feel really uncomfortable.

What kind of film would you like to direct next?

With something much smaller and meaner and leaner. It would be crazy to do another blockbuster for a bit, so I'm going to make not a little tiny film but a smaller film. I've got some great scripts. The great thing about directing Harry Potter is the Harry Potter as a story, it's a thriller, it's a comedy, it's a horror movie, it's an action picture. So as a director, I'm getting sent comedies, action movies, thrillers — everything that you could imagine

MEIDI PATALANO





FILM FRANCHISES AND THEIR PHENOMENON

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS CA



n 2005 when the fourth installment of the Harry Potter films hit screens, I

wrote, 'The Harry Potter phenomenon is so powerful that you could have called this Harry Potter Drinks a Goblet of Water and presented an Andy Warhol-style film of young Harry chugging a glass of H2O for two hours and Potterheads would still wear their wizard hats and line up to see it.'

Astonishingly, six years later, the same holds true for the final installment of the series, Harry Potter and the Deathly Hallows: Part 2.

It's not uncommon for movie franchises to span years and hang on to loyal fans. But to have the seven "It's not uncommon for movie franchises to span years and hang on to loyal fans. But to have the seven films in the series so far gross an average \$909,906,449 each is astounding. That number speaks as much to the ferocity of the Potterheads as it does to the quality of the movies."

films in the series so far gross an average \$909,906,449 each is astounding.

That kind of number speaks as much to the ferocity of the Potterheads as it does to the quality of the movies.

The next highest grossing movie series is the James Bond franchise, which originated in 1962.

The super spy has shot and seduced his way through 22 official 007 releases for a worldwide box office total of \$5,029,014,110.

Interestingly Harry Potter-player Daniel Radcliffe expressed interest in taking on the role of the teenaged James Bond in a planned film based on the Young Bond series of books.

Perhaps he can bring some of his magic to the part and create another successful franchise.

The Potter films are unique in the sense that the cast has stayed unchanged. Radcliffe, Emma Watson and Rupert Grint were all magically transformed into multi-millionaires playing Harry, Hermione and Ron.

Their presence in the films has provided a sense of continuity from one film to the next, but it's not always necessary for actors to be yoked to characters in multiple sequels and spin-

offs.

There have been six James Bonds and Batman – the highest grossing superhero series – and they've seen everyone from Michael Keaton to Christian Bale wear the crusader's cape.

Even though George Clooney's installment, Batman and Robin, was a critical and financial disaster -Clooney himself called the film "a waste of money" and volunteered to personally refund money to audience members — it didn't stop the franchise. Eight years later Batman was reinvented by Christopher Nolan as The Dark Knight, which grossed \$1,001,842,429 at the box office.

Not sure if recasting and reimaging Harry Potter would work, but, who knows? Maybe 10 years from now Hollywood will have a Potter new cast and new stories for a new generation.



GLORIANA LEARNS OF BREAKUP ON TWITTER

The members of Gloriana found out like the rest of us that band mate Cheyenne Kimball was leaving the group: on Twitter.

Singer Tom Gossin told The Associated Press that Kimball took off after their show on Friday without a word and didn't respond to their emails. The next time they heard from her was a post on the group's Twitter page Saturday, saying she was leaving the band. The tweet has since been deleted.

"A band is a lot like a relationship," Gossin said. "Throughout the whole four years of this band there's always ups and downs. It wasn't particularly a down moment or anything like that. So, yeah, it was a

big surprise."

Gloriana, formed in 2008, also includes Gossin's brother, Mike, and Rachel Reinert. They've been on tour this summer and are preparing to release their second studio album this fall. Gloriana won the Academy of Country Music's top new vocal group award last year. Their hits include Wild at Heart and How Far Do You Wanna Go.

Gossin said there were no obvious signs from Kimball leading up to her departure, which makes it all the more confusing for the rest of the band.

But ultimately, the band is determined to press on with their tour and new album.

THE ASSOCIATED PRESS



'I actually thought I was going to die'

Orlando Bloom's wife talks about turning down pain meds while giving birth to their son, Flynn

Miranda Kerr admits that giving birth to her and Orlando Bloom's son, Flynn, in January was more than a little difficult.

"I actually thought I was going to die at one point and left my body," she tells InStyle Australia.

"I was looking down on myself, the pain was so intense. I kept thinking, 'How do women do this?' But if other women have done this, I can do it too. I was determined."

Kerr says she decided against any anesthetic during her 27-hour labour.

When he was born, Flynn weighed in at nearly 10 pounds.

METRO



Baby boom



New mom Jewel over the moon

IT'S A BABY BOY.
Jewel and her husband,
Ty Murray, welcomed a
baby boy, Kase Townes
Murray, on Monday,
the singer confirms to
People magazine.

'Ty and I are so

pleased to welcome our new baby boy into the world," Jewel tells the magazine. "We are overcome with happiness. It really is as great as everyone

> would be better even!"

old us it

Celebrity tweets

Today, Olivia Wilde can pass for a teenager, Aziz Ansari has standards, Taylor Swift is bored, and Jonah Hill knows how to entertain himself.



"A doorman just asked what year of

high school I'm in. When I said I wasn't, he thought I was a drop-out and said I should rethink my future."



"If I was on a date and girl said she wasn't a fan of Above the Rim

OR it's accompanying soundtrack, I'm out."

@taylorswift13

"Yeah,
there are
all sorts
of fun
things to
do while sick
and on vocal rest. Like sit-

ting here, popping bubble wrap by myself."



"A fun thing to do at public restrooms is to wait until some-

one leaves, then click your stopwatch and write something down in a notebook."

January hits baby shops

If January Jones' shopping habits are any indication, she's having a girl.

The very pregnant Mad Men star visited L.A. children's boutique Poppy recently, where she bought some decidedly girlish baby clothes, according to Hollyscoop.

Of course, shopping tendencies don't count for everything, as Jones was spotted last month checking out blue baby clothes at



a Los Angeles Target, prompting many to speculate she is having a boy.

METRO

Lilo says her house arrest was good times

Lindsay Lohan doesn't make 35 days of house arrest sound like much of a punishment.

The troubled actress tells Australian radio station 2Day Fm that her home-bound sentence was fun: "I enjoyed it, actually, as I was able to get a lot of work done from home, and it was very nice not to have to worry about cameras being outside," Lohan says.

Halle Berry's alleged stalker under arrest

Halle Berry can rest easy now that Richard Franco, the 27-year-old man who allegedly stalked her home repeatedly over the weekend, was arrested for felony stalking late Monday night, according to TMZ.

Law enforcement officials say Franco jumped over the back wall of the Oscar-winning actress' home only to be nabbed by her private security, who alerted the police.

Berry reportedly spotted Franco in her backyard multiple times over the weekend.

METRO



Mila Kunis doesn't think she's all that funny

Mila Kunis doesn't speak very highly of herself when it comes to her comic chops, despite making a name for herself on That 70s Show.

"It's hard to be funny in general. I think I have a good sense of humour, but I'm not, like, a joketeller," she tells GQ.

"Believe me, I have no idea why anyone hires me." The Friends with Benefits star also admits that she's currently single, thanks in large part to her work schedule.

"I wouldn't dare wish myself upon anybody at this point in my life! My



shooting schedule is crazy. I'm a nomad till

January," she says.



Foggy Alcatraz by night

Touring this former prison by night is 'kind of eerie with the fog and lights' says a visitor
 Off-limit areas including the dungeon and hospital are free to roam about when its dark

When night fell on The Rock in San Francisco Bay, visitors moved shadow-like through the former prison's lantern-lit hospital rooms, against dingy walls with peeling blue paint.

A hard wind whooshed and rattled a window in the hospital cell where Robert Stroud, The Birdman of Alcatraz, spent 11 of his 17 years at the dankest, hardest federal prison in the U.S.

Yet most of the more than one million tourists who visit the famous former prison annually never get to experience Alcatraz Island at night or see its spooky, decrepit hospital — experiences unique to the night tour.

At dusk the island prison that housed some of the nation's most notorious criminals — including Al Capone and the recently rearrested James (Whitey) Bulger, who was on The Rock for bank robbery from 1959 to 1963 — is often enshrouded by fog. Lamps on the grounds emit a ghostly glow.

The difference from the daytime tour is apparent. The ferry from San Francisco motors slowly around the isle, passing decrepit



buildings surrounded by Alcatraz's new residents: black Brandt's cormorants, western gulls and the other birds at home there since U.S. Attorney General Robert Kennedy shuttered the prison in 1963.

"This is a little eerie," said Gerard Lang, 28, who was visiting from Covington, Ky. "You kind of feel like you're heading to prison yourself."

Visitors begin a winding ascent past the prison's official sign, where a faded "Indians Welcome" is still visible, remnants of the Native American occupation of the island from 1969 to 1971. The island became a national park in 1972.

Passing the guano- and rust-covered buildings that





once housed the families of prison guards, the park's employees tell in gripping detail a failed Friday the 13th, 1939, escape attempt.

13th, 1939, escape attempt.
Once inside the prison, the audio tour features stories from ex-inmates and former prison guards in their own voices.

The tour leads visitors through D Block, or solitary

confinement, where you can stand inside a dark cell and listen to the voices of inmates. You can sense the isolation, the desperation.

On the ride back to shore, San Francisco's skyline glowed through the evening fog and many remarked on the unique evening spent on Alcatraz. THE ASSOCIATED PRESS

The way there

- Alcatraz can only be reached by ferry and there is a charge for ferry service to and from the island, which includes the cellhouse audio tour and departs from Pier 33 at Fisherman's Wharf in San Francisco.
- Tickets are made available about 60 days in advance; reservations recommended as some tours do sell out, with the night tours among the most popular.
- Tours take 2 1/2 hours round-trip. Daytime tours are \$26 (\$16 for kids 5-11, free for children under 4, \$24.50 for seniors 62 and over), with departures 9:10 a.m.-3:55 p.m. daily. Night-time tours are \$33 (\$19.50 for kids 5-11, \$30.50 for seniors), with departures Thursday-Monday at 6:10 p.m. and 6:45 p.m.
- For more information visit nps.gov/alcatraz
- For tickets and schedule at alcatrazcruises.cm.

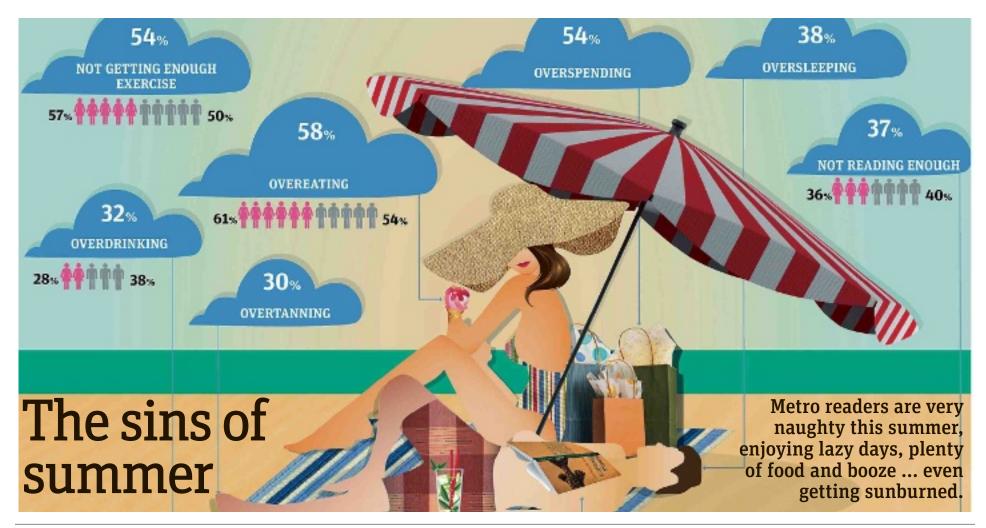


B.C. Green Awards



A ranch in British Columbia's Cariboo region and a restaurant in Vancouver are among B.C. businesses that have received gold awards from the U.K.based Green Tourism Business Scheme. The program, run by the non-profit company Green Business UK Ltd., rates sustainable practices in tourism. The Siwash Lake Ranch at 70 Mile House, offering horseback-riding and fly-fishing vacations. The Refinery restaurant on Vancouver's Granville Street says it uses only energy-efficient equipment and sustainable building materials — the floor ing, for example, is made from recycled rubber and cork. THE CANADIAN PRESS







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+ taxes & fees \$517 INCLUDES central accom and breakfast. Departs Sep 19/vat/ts. ADD hop-on, hop-off tour for \$43.

Munich Air + First 2 Nights INCLUDES central accom. Departs Sep 13/ggv/ts/ac.

ADD hop-on, hop-off grand tour for \$29.

Amsterdam Air + First 2 Nights taxes & fees \$558 INCLUDES central accom. Departs Sep 18/ggv/ts/ac. ADD Windmills and Edam tour for \$49.

Barcelona Air + 7 Nights \$1099

+ taxes & fees \$675 **INCLUDES** accom near sights and attractions.

Cruise

Bahamas 4-Night Cruise

+ taxes & fees \$100 CRUISE roundtrip Miami and visit Nassau, Grand Bahama Island and Great Stirrup Cay. Sails Nov 14/ncl.

Vacations

Bermuda Air + 7 Nights

Coco Reef Resort INCLUDES beachfront resort-style accom near attractions. Departs Nov I/ggv/ws. **UPGRADE** to 4-star Elbow Beach Resort for \$42 per night. ADD transfers to Paget hotels for \$21 per direction.

Bali Air + 8 Nights

\$1549* Ramada Resort Benoa Bali + taxes & fe
INCLUDES resort-style accom on the Tanjung + taxes & fees \$453 Benoa peninsula. Departs Sep 21/ggv/qr. ADD airport transfers from \$28.

Indochina

Air + 3 Nights + 9-Day Tour Ibis Bangkok Riverside, Roam Cambodia, Accent Inn Vancouver Airport

+ taxes & fees \$392 INCLUDES 2 nights central Bangkok accom and I-night accom near Vancouver Airport.

HIGHLIGHTS Angkor Wat, French colonial Phnom Penh, the beaches of Sihanoukville, the Mekong Delta and Ho Chi Minh City. Departs Oct 28/gap/ggv/ca.

South Africa

Air + 5 Nights + 4-Day Tour Kruger Experience-Lodge, Fountains + taxes & fees \$52

INCLUDES 4-star accom in Cape Town and a 4-day + taxes & fees \$522 tour. HIGHLIGHTS the Big Five in Kruger National Park, safari lodge accom, South African cuisine, the park after dark and the Blyde River Canyon. Departs Oct 28/int/ggv/sa.

USA

Orlando Family Special Air + 7 Nights

INCLUDES accom near theme parks. Departs Sep 3/ggv/ts. Price per person based on family of 4.

ADD 4-day Walt Disney World Resort Magic Your Way

Base Ticket for \$246 adult and \$227 child ages 3-9. Las Vegas Air + 4 Nights

INCLUDES accom on the Strip. Departs Aug 23/wsv/ws. UPGRADE to 4-star All Rio Suites for \$13 per night.

Myrtle Beach Air + 3 Nights + taxes & fees \$129 INCLUDES resort-style accom in North Myrtle Beach. Departs Oct 14/ggv/dl.

Boston Air + 2 Nights 4-Star + taxes & fees \$122

INCLUDES Cambridge accom. Departs Sep 13/ggv/us ADD I-day Beantown trolley & harbour cruise for \$34.

Chicago Air + 3 Nights + taxes & fees \$119

INCLUDES accom near sights and attractions. Departs Sep 11, 18, 25/ggv/us.



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Royal faces on dollar bills

Printers were ordered to 'tone down' the highlights when an image of the Queen's hair looked demon-like • Portraits are currently on display

From Victoria to Elizabeth, the faces of royalty have appeared on Canadian government banknotes — and not always in the most flattering light.

Portraits of all those royals — others include Princess Patricia, Prince Arthur, Princess Mary and King George VI — are on display in Royal Generations, an exhibit at the Bank of Canada's Curren-Museum honouring the visit to Canada by Prince William and Kate.

Having royalty on mon-"underlines the strength of the currency," says Paul Berry, the museum's chief curator.

In the 19th century, even the monarch's representative in Canada, the governor general, was often shown on the currency, along with his spouse.

In addition to engraved portraits, the exhibit includes samples of banknotes, such as a \$25 bill from 1935 showing King George V beside Queen

As well, there is equipment used in the making of paper money, such as engraving tools and plates.

The engraving process goes back centuries and has changed "remarkably little" over the years, the museum says.

Also displayed is the original steel engraving of Elizabeth used for the notorious "devil's head" notes of the mid-1950s.

"After the notes had been out for about two years (in every denomination from \$1 to \$1,000), someone happened to notice that if you focused on

the highlights of the Queen's hair directly above her left ear, it took on the appearance of a grinning demon with bulging eyes and a large crooked nose," said Berry.

The bank subsequently ordered its printers to "tone down" the high-lights so the image could not be seen, he said.

There is no legal requirement to put the reigning monarch on banknotes, Berry said.

Designs are developed by the Bank of Canada and approved by the minister of finance. Former prime ministers Robert Borden, Wilfrid Laurier and Sir John A. Macdonald are among those on current notes.

Royal Generations is on display until Aug. 1. The Currency Museum

is located in the Bank of Canada buildings downtown Ottawa.

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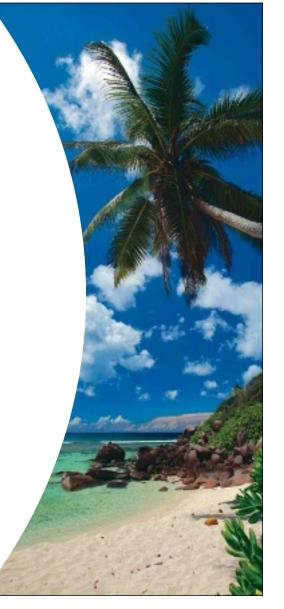
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Drink of the week

Summer Lemon Zinger

Designed for barbecues or picnics, this recipe serves one, but quantities can easily be increased.

- 45 ml (3 tbsp) whisky
- 30 ml (2 tbsp) tea
- (brewed strong; cooled)
 60 ml (4 tbsp) freshly
 made lemonade (equal
 parts lemon juice, sugar
- •Fruit, for garnish

and water)

In a glass, combine ingredients over ice. Garnish with fresh fruit such as lemon. THE CANADIAN PRESS/GIBSON'S FINEST 12 YEAR OLD CANADIAN WHISKEY



Summer's versatile protein

● Barbecue flank beef works perfectly in refreshing salads like this Vietnamese-inspired one, which is ideal for sit-down dinners ● It can be dressed down in sandwiches for picnics

Ingredients:

Vietnamese Flank Steak

- 2 cloves garlic, minced
- 1 shallot, finely chopped
- 25 ml (5 tsp) packed brown sugar
- 20 ml (4 tsp) vegetable oil
- 15 ml (1 tbsp) each fish sauce and soy sauce
- 1 ml (1/4 tsp) pepper
- 750 g (1 1/2 lb) beef flank marinating steak

Noodle Salad

- 250 g (8 oz) fine rice vermicelli
- 750 ml (3 cups) shredded lettuce
- 750 ml (3 cups) fresh bean sprouts
- 12 fresh mint sprigs
- Half an English cucumber, julienned
- 1 tomato, cut into wedges (optional)
- 125 ml (1/2 cup) chopped roasted peanuts

Sauce

- 125 ml (1/2 cup) cold wa-
- 45 ml (3 tbsp) lime juice
- 30 ml (2 tbsp) sugar
- 30 ml (2 tbsp) fish sauce1 Thai chili, thinly sliced

Barbecued flank beef shines in sandwiches and salads like this one.

Pick up an extra flank steak when shopping and throw it on the grill.

Use one in this recipe with fresh vegetables and serve the second the next night in an open-face steak and cheddar melt sandwich.

Preparation:

- In a large resealable freezer bag, combine garlic, shallot, brown sugar, oil, fish sauce, soy sauce and pepper. Pierce steak all over with a fork; place in bag and refrigerate for 8 hours or up to 24 hours.
- Place steak on greased grill over medium-high heat (200 C/400 F); close lid and grill for 5 to 6 minutes per side for medium. Remove from heat. Tent with foil; let stand for 5 minutes before slicing across the grain.



Noodle Salad: Cook vermicelli according to package instructions. Place in a shallow bowl or platter along with shredded lettuce, fresh bean sprouts, mint

sprigs, cucumber and tomato, if using. Top with roasted peanuts.

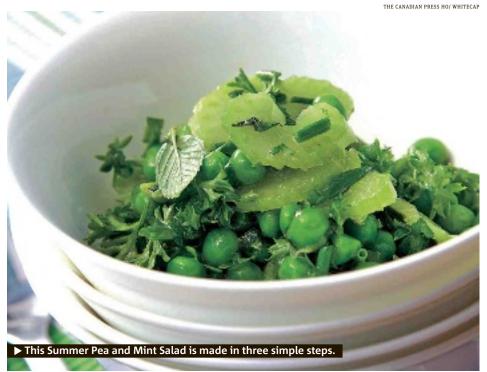
Sauce: In a bowl, combine water, lime juice, sugar, fish sauce

and chili; splash over noodle salad and toss to combine.

Serve salad with steak.

THE CANADIAN PRESS/ BEEF
INFORMATION CENTRE

Fresh peas mingle with mint



This salad from dietician Marilyn Smith's Healthy Starts Here! cookbook pairs well with warm weather

Farmers markets and grocery stores are starting to stock fresh peas. They're delicious eaten from the pod and they're also a great addition to summer salads (if you can make it home without snacking!).

Dietitian Marilyn Smith was looking for a way to incorporate peas in a salad. She had mint in her garden and celery in her fridge.

"I wondered if I throw all this stuff together and I make a tangy sauce what would happen and it turned out really well."

The Summer Pea and Mint Salad is included it in her recent cookbook Healthy Starts Here!

Preparation:

- Salad: In a large salad bowl, toss together peas, celery, parsley, mint and chives.
- 2 Dressing: In a small bowl, whisk together

oil, orange juice concentrate, vinegar and Dijon.

Pour dressing over salad and toss well. Serve.
THE CANADIAN PRESS/
HEALTHY STARTS HERE BY
MARILYN SMITH (WHITECAP,

Ingredients:

Salad

- 375 ml (1 1/2 cups) cooked, chilled fresh peas or thawed frozen baby peas
- 2 stalks celery, thinly sliced
- 175 ml (3/4 cup) finely
- chopped parsley

 50 ml (1/4 cup) finely

chopped fresh mint

• 50 ml (1/4 cup) snipped fresh chives

Orange-Dijon Dressing

- 15 ml (1 tbsp) canola oil
- 15 ml (1 tbsp) frozen orange juice concentrate, thawed
- 15 ml (1 tbsp) apple cider vinegar
- 5 ml (1 tsp) Dijon mustard

An intern's insight

STUDENT VOICE

EMILY MOORHOUSE

TALENTEGG.CA

During my three year Public Relations Advanced Diploma program at Humber College, we were required to complete a 15-week internship in order to graduate.

The process of finding an internship while in school was made easier as we had an online portal where employers could post opportunities that we could apply for

I managed to get an internship at a start-up company and received an honorarium of \$100 a month.

However, as the company was small, they didn't have the funding for me to

What I learned

Key take-aways from Emily's experience:

- Build a network of contacts by attending events and meeting new people. Bring along personal business cards to show others that you're prepared and serious about the job hunt.
- Internships are a great way to develop new skills and test different work environments. With one or two internships under your belt, you'll be more ready for the work world when you start searching for entry-level positions.

stay on as a full-time employee. While I was still interning, my supervisor was amazing at reaching out to her contacts to help me find a job.

I also utilized many online tools for my job search, including Twitter, job search engines and email. I emailed as many public relations agencies as I could, briefly explaining my experience and how I could fit in with their company.

During this process, I learned how important it is to customize your cover letter and objective to the specific place you are applying. It's also crucial to double and triple check for correct names and spelling.

In the end I saw a posting for a social media internship for an online global publication. I sent an email to the social media manager, which included a brief introduction of myself, my cover letter and my resumé.

I then spoke with her on the phone, and was offered an interview at the Toronto office. Thankfully, I'm a people person and I don't get shy when it comes to talking about career related topics. After leaving the interview feeling confident, I was later offered the internship

I think it's important to do at least one or two internships before searching for entry-level careers. Internships give you a chance to develop your skills and get a better understanding of the work environments that you enjoy (or don't enjoy!).

Another plus of internships is, depending on the impression you leave and the size of the company, you may be offered a job after your placement.

I think the greatest piece of advice I could give to students looking to land their own internships, would be to network and volunteer as much as you can while in ► Emily Moorhouse recommends employers who take on interns always remember to give them a decent

school

It's so important to build a network of contacts and connections. If you're willing to take time out of your busy schedule to do volunteer work, the people you are volunteering for may be inclined to provide a valuable reference for you down the road.

amount of work and responsibility.

A great way to network

is to attend events and really put yourself out there. Take along some personal business cards that include your Twitter handle or your LinkedIn URL (if you're active on those sites).

TALENTEGG.CA, CANADA'S ONLINE CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

WHO CAN HALT A HOLIDAY?

WORKPLACE I AW

DANIEL LUBLIN

DAN@CANADA
EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN



About to leave on a muchneeded vacation, Lerae Bigelow thought she had made plans for just about everything. But when her boss demanded that she cancel her trip at the last minute, she realized there was one contingency she had overlooked — her own dismissal.

As a supervisor for the Alberta-based oilfields service company T.C. Mobile Vessels Ltd., Bigelow thought she had complied with the usual vacation protocol: She notified her boss

that she was attending a family reunion at the end of August and spoke to him again one week before her trip to ensure everything was in order.

However, on the day of her departure, her boss called from out of town demanding that she change her plans and work that night. Bigelow explained that she had scheduled a vacation and it was too late to reschedule. Thinking he was entitled to issue the directive and that Bigelow would have to obey, her boss got upset when she refused to take the shift. He later called her demanding that she return her equipment to the company.

When she returned from vacation, Bigelow received a text message from her boss confirming that she had been dismissed...

DANIEL LUBLIN IS AN EMPLOYMENT
LAWYER WITH WHITTEN & LUBLIN
LLP. READ THIS ARTICLE IN ITS ENTIRETY AT METRONEWS.CA

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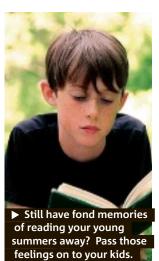
Keep turning pages

Encouraging kids to read books during the summer will keep them sharp

Summertime is so beautiful - filled with outdoor sports, full pink roses, warm afternoons and cool evenings. Just thinking about the summer months makes many school-aged children happy. You may remember having at least a few lazy days of summer during which you actually had the time to grab a book, relax, and read outside for a while.

The Johns Hopkins University Center for Summer Learning says that "all students experience significant learning losses in procedural and factual knowledge during the summer months".

However, reading four or five books can actually enhance reading ability in elementary school child, and instead of finish-



ing the summer with a learning deficit, your child can finish the summer with gains, and go into the new school year with better reading and writing

How can you help your child this summer and prevent a learning loss? First, think about your own likes and dislikes.

If someone told you to read Crime and Punishment by Dostoevsky over the summer, unless you are an aficionado of Russian novels, you may just put it off. Your child is no different. If you like to read lighter books in the summer, your child may just have the same feeling.

Children should read what they like to read over the summer, because it is more likely that they will read more after having discovered the joy of reading.

Allow your child to experience the wonder of reading a fantasy or science fiction story, or the thrill of feeling as if he or

she is at a revolutionary war battle — or on a pirate ship.

Some children may like non-fiction, even during the summer, and may want to read about the universe, science, or even about travels or foods in foreign lands. Like you, they just might turn into an adult with fond memories of reading outside during the summer.

With young preschoolers, make time during the summer for reading aloud. It's important to begin reading aloud to your child as soon as possible, because this helps to develop a sense for the rhythm and pattern of language.

Kumon Math and Reading Centres offer these tips for reading with preschoolers: news canada

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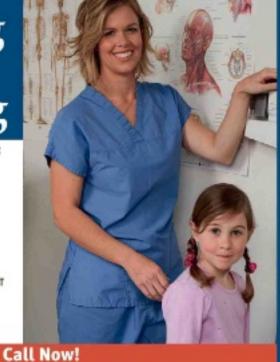
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Commish weighs in on ballpark safety

Baseball Commissioner Bud Selig says major league teams are reviewing stadium safety following the death of a fan at a Texas Rangers game last week.

The fan, 39-year-old Shannon Stone, fell over a railing while trying to catch a ball thrown to the stands by Rangers outfielder Josh Hamilton.

"It was a horrible accident, heartbreaking, almost beyond comprehension," Selig said yesterday during a question-and-answer session with the Baseball Writers' Association of America.

"Each team determines its own ballpark safety features based on local laws

"Maybe there's some things they can or can't do," Selig said. "Common sense should always take over in this situation."

The commissioner also said he had found more support than he had expected for a one-game playoff between wild-card teams if the playoffs expand from eight to 10 clubs in 2012.

Selig said that he was not interested in radical realignment that would eliminate divisions or make major alterations to the leagues, but it was possible one team could move from the NL to the AL to leave each league with 15 teams. Because the 2012 draft schedule already has been completed, that likely could not occur until 2013 at the earliest.

THE ASSOCIATED PRESS



All eyes on McIlroy ahead of British Open

♦ Young U.S. Open winner getting Tiger-like attention at Royal St. George's

Rory McIlroy slipped into his seat without great fanfare yesterday, his presence detected by a sudden burst of camera shutters when the photographers realized the star of this British Open had arrived.

It was his first time at a news conference since that Sunday evening at Congressional, and it all looked familiar except that the 22-year-old from Northern Ireland no longer had the shiny U.S. Open trophy at his side.

In its place were expectations of many more majors to follow, perhaps starting "The thing about Rory is that he plays golf with a real flair and a real charisma, and I think fans are drawn to that."

FOUR-TIME MAJOR WINNER PHIL MICKELSON ON RORY MCILROY

with this one.

McIlroy has a chance to join the elite group of players that have captured the U.S. Open and British Open in the same year.

McIlroy knew it was quite an achievement, setting scoring records at the U.S. Open and winning by eight shots.

"I didn't realize how much of a fuss it would create or how much of a buzz," he said. "It's been nice. I thought it was great for me to win the U.S. Open, win my first major. The support that I've had from people back home, from everyone all over the world, has been pretty overwhelming."

It was impossible to miss yesterday.

This is the new world of McIlroy. And he says he's ready for it.

"This is what I've always wanted to do," McIlroy said. "I've always wanted to be a successful golfer and be one of the best players in the world and to win major championships. If I have to put up with a few things along the way, then I'm fine with that."

McIlroy became the youngest major champion since Woods won his first major at Augusta National in 1997 when he was 21. The last four major champions are all in their 20s, the first time that has happened in more than a century.

The British Open gets underway tomorrow.
THE ASSOCIATED PRESS

sports

Quoted



"Losing is not an option. We want to win this thing and France is standing in our way right now."

AMERICAN FORWARD ABBY WAMBACH ON THE UNITED STATES' WOMEN'S WORLD CUP SEMIFINAL MATCH AGAINST FRANCE TONIGHT.

"We have what it takes. It's just a matter of putting it all together."



Jays send Rivera to Dodgers



The Toronto Blue Jays traded outfielder Juan Rivera to the Los Angeles Dodgers yesterday in exchange for a player to be named or cash considerations.

The 33-year-old played in 70 games for the Jays this season, batting .243 with six home runs and 27 RBIs prior to being designated for assignment on July 3.

He was acquired by

Toronto in January with catcher Mike Napoli from the Los Angeles Angels in exchange for centre-fielder Vernon Wells.

Napoli was dealt to the Texas Rangers for reliever Frank Francisco.

In 887 games in 11 big league seasons Rivera has a .277 average with 118 home runs and 446 RBIs.

THE CANADIAN PRESS

Sports in brief

Oilers send Cogliano south

NHL. The Edmonton Oilers traded centre Andrew Cogliano to the Anaheim Ducks yesterday in exchange for a secondround draft pick in 2013.

Cogliano was drafted 25th overall by Edmonton in the 2005 draft and had 11 goals and 35 points last season. THE CANADIAN PRESS

T-Wolves get rid of Rambis

NBA. The Minnesota Timberwolves fired Kurt Rambis yesterday, ending the uncertainty surrounding the head coach of the worst team in the NBA last season. Rambis was 32-132 in Minnesota, including 17-65 this past season. The ASSOCIATED PRESS

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Boston	55	35	.611	_
New York	53	35	.602	1
Tampa Bay	49	41	.544	6
Toronto	45	47	.489	11
Baltimore	36	52	.409	18
CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	49	43	.533	_
Cleveland	47	42	.528	1/2
Chicago	44	48	.478	5
Minnesota	41	48	.461	61/2
Kansas City	37	54	.407	111/2
WEST DIVISION				
	W	L	Pct	GB
Texas	51	41	.554	_
Los Angeles	50	42	.543	1
Seattle	43	48	.473	71/2
Oakland	39	53	.424	12
Last night's result				

All-Star Game — At Phoenix American at National League Monday's results

No Games Scheduled. Today's games

No Games Scheduled. orrow's games

All Times Eastern Cleveland at Baltimore 7:05 n m N.Y. Yankees at Toronto, 7:07 p.m. Kansas City at Minnesota, 8:10 p.m. L.A. Angels at Oakland, 10:07 p.m. Texas at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	57	34	.626	_
Atlanta	54	38	.587	31/2
New York	46	45	.505	11
Washington	46	46	.500	111/2
Florida	43	48	.473	14
CENTRAL DIVISION				
Milwaukee	49	43	.533	_
St. Louis	49	43	.533	_
Pittsburgh	47	43	.522	1
Cincinnati	45	47	.489	4
Chicago	37	55	.402	12
Houston	30	62	.326	19
WEST DIVISION				
San Francisco	52	40	.565	_
Arizona	49	43	.533	3
Colorado	43	48	.473	81/2
Los Angeles	41	51	.446	11
San Diego	40	52	.435	12
Last night/s vacult				

Last night's result At Phoenix

American at National League

Monday's results No Games Scheduled.

Todav's games No Games Scheduled.

Tomorrow's games All Times Eastern

Milwaukee at Colorado, 8:40 p.m. San Francisco at San Diego, 10:05 p.m.

TENNIS

ATP MERCEDES CUP

At Stuttgart, Germany Singles — First Round

Gael Monfils (1), France, leads Victor Hanescu, Romania, 4-2 (susp., rain).

Santiago Giraldo, Colombia, def. Jurgen Melzer (2), Austria, 6-4, 7-5.
Mikhail Youzhny (3), Russia, def. Philipp Pet-

zschner, Germany, 6-3, 6-3. Federico del Bonis, Argentina, def. Florian Mayer (5), Germany, 6-2, 6-3.

Cedrik-Marcel Stebe, Germany, def. Nikolay

Davydenko (6), Russia, 3-6, 6-1, 6-4. Juan Carlos Ferrero, Spain, def. Bastian Knittel, Germany, 6-2, 6-4.

Lukasz Kubot, Poland, def. Daniel Gimeno-Traver, Spain, 7-6 (2), 3-6, 6-2. Pablo Andujar, Spain, def. Victor Crivoi, Romania,

6-2.6-1. Pavol Cervenak, Slovakia, def. Mischa Zverev,

Germany, 6-4, 4-6, 6-2. Jeremy Chardy, France, def. Tobias Kamke,

Germany, 7-6 (1), 6-1. Fabio Fognini, Italy, def. Robin Kern, Germany, 6-4, 6-1

Benoit Paire, France, def. Evgeny Donskoy, Russia, 6-7 (3), 6-4, 6-2.

Doubles — First Round

Daniele Bracciali, Italy, and Dick Norman, Belgium, def. Lukasz Kubot, Poland, and Oliver Marach (1), Austria, 6-3, 7-6 (8).

Jurgen Melzer, Austria, and Philipp Petzschner (2), Germany, def. Fabio Fognini and Paolo Lorenzi, Italy, 6-4, 6-2.

Christopher Kas, Germany, and Alexander Peva (4), Austria, def. Guillermo Garcia-Lopez, Spain, and Lovro Zovko, Croatia, 6-3, 6-2.

ATP SKISTAR SWEDISH OPEN

At Bastad, Sweden Singles — First Round

Potito Starace (8), Italy, def. Julian Reister, Germany, 7-6 (6), 6-3. Michael Ryderstedt, Sweden, def. Maximo

Gonzalez, Argentina, 6-4, 2-6, 6-2. Blaz Kavcic, Slovenia, def. Julien Benneteau, France, 6-4, 4-6, 7-5.

France, 6-4, 4-6, 7-5.
Pere Riba, Spain, def. Christian Lindell, Sweden, 6-4, 6-2.
Diego Junqueira, Argentina, def. Igor Andreey, Russia, 7-6 (3), 3-6, 6-4.
Jonathan Dasnieres de Veigy, France, def. Andrews Christians Su dreas Vinciquerra, Sweden, 6-1, 1-6, 6-3. Guillermo Olaso, Spain, def. Antonio Veic, Croatia, 6-4, 6-1. Teymuraz Gabashvili, Russia, def. Michael Yani, U.S., 6-3, 3-6, 6-3.

WTA SNAI OPEN

At Palermo, Sicily Singles — First Ro

Roberta Vinci (2), Italy, def. Sesil Karatantcheva, Kazakhstan, 6-2, 7-5. Sara Errani (3), Italy, def. Regina Kulikova, Russia, 6-1, 6-3.

Klara Zakopalova (4), Czech Republic, def. Anastasia Pivovarova, Russia, 0-6, 6-1, 6-1. Anabel Medina Garriques (5), Spain, def, Anna Floris, Italy, 6-3, 6-3.

Polona Hercog (7), Slovenia, def. Karin Knapp, Italy, 5-7, 6-4, 6-2. Petra Cetkovska (8), Czech Republic, def. Elena

Bovina, Russia, 6-1, 7-5. Irina-Camelia Begu, Romania, def. Maria Elena Camerin, Italy, 6-2, 7-5.

Pauline Parmentier, France, def. Jill Craybas, U.S., 6-4, 3-6, 6-4.

MLB HOME RUN DERBY

At Phoenix			
Late Monday's results			
First Round	To	t	Long
Adrian Gonzalez, Boston		9	447
Robinson Cano, N.Y. Yankees		8	472
Prince Fielder, Milwaukee		5	452
David Ortiz, Boston		5	433
Matt Holliday, St. Louis		5	443
Jose Bautista, Toronto		4	412
Rickie Weeks, Milwaukee		3	427
Matt Kemp, L.A. Dodgers		2	427
Contrar Off (F Contrar)	-		
Swing Off (5 Swings)	To	t	Long
Prince Fielder, Milwaukee		t 5	Long 455
Prince Fielder, Milwaukee		5	455
Prince Fielder, Milwaukee David Ortiz, Boston		5 4	455
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis		5 4 2	455 459 —-
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis Second Round	2R	5 4 2 Tot	455 459 —-
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis Second Round Robinson Cano, N.Y. Yankees	2R 12	5 4 2 Tot 20	455 459 —- Long
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis Second Round Robinson Cano, N.Y. Yankees Adrian Gonzalez, Boston	2R 12 11	5 4 2 Tot 20 20	455 459 —- Long
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis Second Round Robinson Cano, N.Y. Yankees Adrian Gonzalez, Boston David Ortiz, Boston	2R 12 11 4	5 4 2 Tot 20 20 9 9	455 459 —- Long —- 452 —-
Prince Fielder, Milwaukee David Ortiz, Boston Matt Holliday, St. Louis Second Round Robinson Cano, N.Y. Yankees Adrian Gonzalez, Boston David Ortiz, Boston Prince Fielder, Milwaukee	2R 12 11 4 4	5 4 2 Tot 20 20 9 9	455 459 —- Long —- 452 —- 474

CYCLING

TOUR DE FRANCE

10th Stage — 158 kilometres (hilly terrain)
1. Andre Greipel, Germany, Omega Pharma-Lotto, three hours 31 minutes 21 seconds; 2. Mark Cavendish, Britain, HTC-Highroad, same time; 3. Jose Joaquin Rojas, Spain, Movistar, s.t.; 4. Thor Hushovd, Norway, Garmin-Cervelo, s.t.; 5. Romain Feillu, France, Vacansoleil-DCM, s.t.; 6. Daniel Oss, Italy, Liquigas-Cannondale, s.t.; 7. Sebastien Hinault, France, AG2R La Mondiale, s.t.; 8. Borut Bozic, Slovenia, Vacansoleil-DCM, s.t.; 9. Geraint Thomas, Britain, Sky Procycling, s.t., 10. Samuel Du-moulin, France, Cofidis, s.t.

11. William Bonnet, France, Francaise des Jeux, s.t.; 12. Tomas Vaitkus, Lithuania, Astana, s.t.; 13. Grega Bole, Slovenia, Lampre-ISD, s.t.; 14. Philippe Gilbert, Belgium, Omega Pharma-Lotto, s.t.; 15. Edvald Boasson Hagen, Norway, Sky Procycling, s.t.: 16, Danilo Hondo, Germany, Lampre-ISD, s.t.; 17. Gianni Meersman, Belgium, Francaise des Jeux, s.t.; 18. Alan Perez, Spain, Euskaltel-Euskadi, s.t.: 19. Nicolas Roche, Ireland, AG2R La Mondiale, s.t.; 20. Kevin De Weert, Belgium, Quick Step, s.t. Also — 24. Cadel Evans, Australia, BMC, s.t.; 25. Jakob Fuglsang, Denmark, Leopard-Trek s.t.; 31. Alberto Contador, Spain, Saxo Bank

Sungard, s.t.; 34. Tony Martin, Germany, HTC-Highroad, s.t.; 35. Frank Schleck, Luxembourg, Leopard-Trek, s.t.; 36. Thomas Voeckler, France, Europear, s.t.; 38. Andv Schleck, Luxembourg, Leopard-Trek, s.t.; 42. Luis Leon Sanchez, Spain, Rabobank, s.t.; **142. Ryder** Hesjedal, Victoria, Garmin-Cervelo, 5:59.

Overall Standings (after 10 stages)

1. Thomas Voeckler, France, Europear, 42 hours six minutes 32 seconds; 2. Luis Leon Sanchez, Spain, Rabobank, one minute 49 sec onds behind; 3. Cadel Evans, Australia, BMC, 2:26; 4. Frank Schleck, Luxembourg, Leopard-Trek, 2:29; 5. Andy Schleck, Luxembourg, Leopard-Trek, 2:37; 6. Tony Martin, Germany, HTC-Highroad, 2:38; 7. Peter Velits, Slovakia HTC-Highroad, s.t.; 8. Andreas Kloeden, Germany, RadioShack, 2:43; 9. Philippe Gilbert, Belgium, Omega Pharma-Lotto, 2:55; 10.

Jakob Fuglsang, Denmark, Leopard-Trek, 3:08. Canadian — 52, Ryder Hesiedal, Victoria, Garmin-Cervelo, 15:32.

GOLF

LPGA MONEY LEADERS All figures in U.S. dollars

4 1/ 1 =		## 200 202
 Yani Tseng 	11	\$1,329,383
2. Cristie Kerr	11	\$1,064,765
Suzann Pettersen	9	\$767,649
4. Karrie Webb	11	\$664,641
5. Stacy Lewis	11	\$556,434
6. Brittany Lincicome	11	\$548,902
7. Paula Creamer	11	\$524,978
8. Morgan Pressel	11	\$520,445
9. Angela Stanford	11	\$517,100
10. I.K. Kim	9	\$471,887
11. Hee Kyung Seo	10	\$463,192
12. Jiyai Shin	10	\$462,035
13. Na Yeon Choi	10	\$401,654
14. Maria Hjorth	10	\$377,084
15. Sandra Gal	9	\$358,782
16. Michelle Wie	10	\$331,574
17. Mika Miyazato	10	\$320,500
	11	\$300,156
18. Amy Yang		
19. Sun Young Yoo	11	\$247,009
20. Catriona Matthew	9	\$233,906
21. Mindy Kim	8	\$216,368
22. Ai Miyazato	9	\$213,756
23. Inbee Park	7	\$200,923
	11	\$200,609
24. Song-Hee Kim		
25. Meena Lee	9	\$190,696
26. Juli Inkster	11	\$187,902
27. Anna Nordqvist	10	\$187,385
28. Katie Futcher	9	\$179,288
29. Karen Stupples	11	\$176,830
30. Se Ri Pak	10	\$163,044
31. Shanshan Feng	11	
		\$147,469
32. Candie Kung	10	\$137,609
Beatriz Recari	11	\$132,466
34. Chella Choi	9	\$125,175
35. Sophie Gustafson	10	\$122,492
36. Brittany Lang	11	\$121,174
37. Katherine Hull	11	\$114,862
38. Wendy Ward	11	\$112,710
Azahara Munoz	11	\$112,613
40. Natalie Gulbis	11	\$108,911
41. Ryann O'Toole	5	\$102,056
42. Paige Mackenzie	7	\$97,451
43. Jimin Kang	11	\$96,915
44. Stacy Prammanasudh	11	\$95,550
45. Eun-Hee Ji	9	\$94,518
46. Kyeong Bae	11	\$91,700
47. Pat Hurst	9	\$86,998
		1

CHAMPIONS CHARLES SCHWAB CUP LEADERS

11

\$86,272

\$84.608

Through July 10 All figures in U.S. dollars

48. Amy Hung 49. Pornanong Phatlum

50. Vicky Hurst

25. John Huston

44. Jim Rutledge

Points Mon 1. Tom Lehman 2. Nick Price 3. John Cook 4. Tom Watson 5. David Eger \$1,298,270 \$1,008,718 \$1,025,362 \$546,105 \$746,594 1,533 1,053 868 850 822 769 721 717 623 \$893,535 6. Jeff Sluman 7. Mark Wiebe \$766,804 \$572,997 8. Peter Senior 9. Michael Allen \$612,083 10 Russ Cochran 531 \$602,767 11 Loren Roberts 501 444 \$410.842 12. Mark Calcavecch \$498,510 \$445,697 12. Mark Calcav 13. Corey Pavin 14. Jay Haas 14. Hale Irwin 16. Rod Spittle 398 388 388 **374** \$445,697 \$421,299 \$378,673 **\$528,290** 17. Jay Don Blake 356 341 \$447,613 18. Joe Ozaki \$408,225 19. Kenny Perry 20. Tom Pernice, Jr. 21. David Frost 340 335 334 \$295,668 \$417,575 \$534,012 \$448,478 \$440,299 330 22. Olin Browne 23. Fred Funk 308 24. Eduardo Romero 304 \$200,033

302

104

SOCCER

MLS

EASTERN CONF	EKE	NCE	=				
	GP	W	L	T	GF	GΑ	P
Philadelphia	18	7	4	7	21	16	2
New York	20	6	4	10	34	24	2
Columbus	18	7	5	6	21	19	2
Houston	19	5	6	8	23	22	2
D.C. United	17	5	5	7	24	29	2
Kansas City	18	5	6	7	23	24	2
Chicago	19	2	5	12	20	24	1
Toronto	21	3	9	9	17	36	1
New England	18	3	8	7	16	24	1
WESTERN CONI	FERE	ENC	Ε				
	GP	W	L	T	GF	GA	P
Los Angeles	21	10	2	9	27	16	3

9 4 8 28 10 5 4 26 8 3 6 23 6 5 9 22 5 7 7 24 5 6 7 28 5 9 3 21 2 10 8 19 20 19 12 23 23 21 31 28 Seattle Dallas Real Salt Lake Colorado Chivas USA San Jose Portland 19 17 20 19 18 17 20 Saturday's games

All Times Eastern All Times Eastern
Colorado at Seattle, 4 p.m.
Real Salt Lake at Vancouver, 4 p.m.
San Jose at Columbus, 7:30 p.m.
Kansas City at Houston, 8:30 p.m.
Portland at Chicago, 8:30 p.m.
D.C. United at Dallas, 9 p.m.
New York at Chivas USA, 10:30 p.m.

GP W L T GF 15 13 1 1 34 14 7 4 3 17 15 6 4 4 5 23 15 4 4 5 6 17 15 3 4 8 21 14 2 8 4 11 15 2 11 2 15 GA 11 14 23 15 21 22 15 33 Carolina Edmonton Puerto Rico Minnesota Tampa Bay Fort Lauderdale Montreal Atlanta

Tonight's games

NASL

All Times Eastern
Fort Lauderdale at Montreal, 7:30 p.m. Carolina at Edmonton, 9:30 p.m.

Sunday's games
Atlanta at Montreal, 3:30 p.m Tampa Bay at Edmonton, 6 p.m Puerto Rico at Minnesota, 8:30 p.m

FIFA WOMEN'S WORLD CUP

Todav's games All Times Eastern SEMIFINALS

At Moenche France vs. U.S., Noon At Frankfurt
Japan vs. Sweden, 2:45 p.m.
Saturday's games
THIRD PLACE

At Sinsheim, Germany
Semifinal losers, 11:30 a.m. Sunday's game CHAMPIONSHIP At Frankfurt Semifinal winners, 2:45 p.m.

EUROPEAN CHAMPIONS LEAGUE

SECOND ROUND — FIRST LEG

Yesterday's results

Maribor (Slovenia) 2 Dudelange (Luxembourg) 0 Mogren (Montenegro) 1 Litex Lovech (Bulgaria) 2 Pvunik (Armenia) 0 Viktoria Plzen (Czech Republic) 4 Shamrock Rovers (Ireland) 1 Flora Tallinn

(Estonia) 0

(Kazakhstan) 0 Valletta (Malta) 2 Ekranas (Lithuania) 3

All Times Eastern
Bangor City (Wales) vs. HJK Helsinki (Finland) Dinamo Zagreb (Croatia) vs. Neftci (Azerbaijan) Linfield (Northern Ireland) vs. BATE Borisov

Slovan Bratislava (Slovakia) 2 Tobol Kostanay

Maccabi Haifa (Israel) vs. Borac Banja Luka (Bosnia-Herzegovina)
Malmo (Sweden) vs. Torshavn (Faeroe Islands)

Partizan (Serbia) vs. Skendija (Macedonia) Rosenborg (Norway) vs. Breidablik (Iceland) Skenderbeu (Albania) vs. APOEL (Cyprus) Skonto Riga (Latvia) vs. Wisla Krakow (Poland) Sturm Graz (Austria) vs. Videoton (Hungary) Zestafoni (Georgia) vs. Dacia Chisinau (Moldova)

COPA AMERICA

Last night's results At Mendoza, Argentina

Chile vs. Peru Uruguay vs. Mexico Monday's result At Cordoba, Argentina

Argentina 3 Costa Rica 0 Tonight's games All Times Eastern

At Salta, Argentina Paraguay vs. Venezuela, 6:15 p.m. At Cordoba, Argentina
Brazil vs. Ecuador, 8:45 p.m.

OUARTER-FINALS

Saturday's games At Cordoba, Argentina

QF1 — Colombia vs. Best-third place, 3 p.m. At Santa Fe, Argentina

QF2 — Second A vs. Second C, 6:15 p.m.

Sunday's games At La Plata, Argentina

QF3 — First B vs. Second-best third place, 3 p.m. At San Juan, Argentina
QF4 — First C winner vs. Second B, 6:15 p.m.

CFL

WEEK THREE

EAST DIVISION

	GP	٧v	L		Pr	PA	PU
Montreal	2	2	0	0	69	51	4
Winnipeg	2	2	0	0	46	32	4
Toronto	2	1	1	0	39	43	2
Hamilton	2	0	2	0	26	52	0
WEST DIVISION	ON						

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 PF
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 0
 Edmontor Calgary B.C. Sackatchowar 81

Saskatchewan 2 0 2
Tomorrow's game
All Times Eastern
Calgary at Winnipeg, 8 p.m.
Friday's game
Toronto at Montreal, 7:30 p.m. Saturday's games Saskatchewan at Hamilton, 4 p.m. B.C. at Edmonton, 7 p.m.

SCORING LEADERS

TD	C	FG	S	Pt
0	3	6	2	2
0	8	4	2	2
0	4	6	0	2
0	8	4	1	2
0	3	6	0	2
	0 0 0	0 3 0 8 0 4 0 8	0 3 6 0 8 4 0 4 6 0 8 4	0 3 6 2 0 8 4 2 0 4 6 0 0 8 4 1







\$355,552

\$180,775

Download the METRO APP for your iPad, Android, BlackBerry and iPhone.











20-second drop top

The Camaro's well-insulated power-operated cloth top is secured by a single centre-mounted latch and takes just 20 seconds for the windows to automatically lower and the top to fully retract.

Chevy can also supply a windscreen that's secured between the seats to help keep most baby-boomer comb-overs in place.

Smooth ride

The firm-riding Camaro features 20-inch wheels that, when tested, clung tenaciously to the twisty tarmac. The optional leather-covered bucket seats provided equal grip and were pleasantly comfortable for long-distance driving.

You'll also be hard-pressed to see or feel any bizarre shaking or body flex that's problematic on some other convertible designs.

Mighty SS

The Camaro convertible SS model comes with a 426-horsepower 6.2-litre V8 and a six-speed manual transmission.

There's also a 312-horsepower 3.6-litre V6 unit that comes with the optional six-speed automatic. Still, its extra-cost black centre stripe and 20-inch polished aluminum wheels made it appear almost indistinguishable from the mighty SS.



Cruising season is finally here; need a reminder?



High-school reunions are great for reminiscing about the way we were. And the perfect four-wheeled time machine for such an event is the 2011 Camaro convertible.

The year I departed my alma mater in 1967 was the Camaro's freshman season. By then, Ford's ground-breaking Mustang had been around for two and a half years and had generated worldwide sales in excess of 1.3 million copies.

Even so, the Chevy rival attracted plenty of attention with its head-turning good looks and enough available grunt to lay down lengthy rubber strips whenever the driver tapped the gas pedal.

To my teenage way of thinking, the original Camaro's sophistication and swagger (especially the Rally Sport convertible model with its hidden headlights) blew the Mustang into the weeds and would have been my personal preference if only I had possessed the financial wherewithal.

Chevrolet mothballed the Camaro on its 35th anniversary in 2002, but with great fanfare the stunning coupe returned for the 2010 model year.

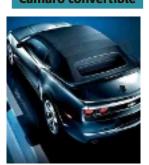
The convertible was released this past February, just in time for the spring and summer cruising season.

Whether it's around the block or across the country, the Camaro should definitely transport you to another state of mind.





Camaro convertible



What you should know about the 2011 Chevrolet Camaro convertible:

- Types: Two-door, rearwheel-drive convertible.
- Engine (hp): 3.6-litre DOHC V6 (312); 6.2-litre OHV V8 (400-426).
- Transmission: Six-speed manual; six-speed automatic (opt.).
- Market position: Primary target is the Ford Mustang. With V6 and V8 powerplants, this Chevy appeals to a "newstalgic" crowd on the basis of style and performance with decent fuel economy.
- Mileage: L/100 km (city/hwy): 12.4/7.1 (V6, MT).





Ford Mustang Base price: \$32,900 Classic design with muscular V6 and V8 power. GT500 model sizzles.



Mitsubishi Eclipse

Low-volume ragtop has great looks, but I4 and optional V6 lack power.



Chrysler 200
Base price: \$31,500
Restyled former
Sebring is much improved. New V6 option adds punch.



WHEELBASE MED



car reviews and news

LEASING AND THE DEATHLY HALLOWS, PART II

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

A few years back certain automakers were really big into leasing. Then they dropped it like a hot potato salad. Yes, very messy.

n an effort to get business by establishing lower and lower monthly lease payments, many automakers set way too optimistic lease-end residual prices.

These vehicles then flooded the used market and over-supply conditions further decreased their already unrealistic values.

Net result: automakers and lessors had to suck up the difference, and suffered huge losses in their leasing portfolios. Grumpy faces all around.

They're not going to do that again. Oh wait, they might be... Yes, Chrysler and GM are back into leasing. And other automakers that significantly scaled back their leasing efforts, like Ford, are now scaling back up.



Well leasing is back, but you can be sure that automakers have learned valuable lessons. Leasing is different now.

Generally, automakers will now be more selective on which models they offer leasing programs on, and will have self-imposed limits on their overall leasing penetration. Ford, for instance, wants to keep it around 10 per cent of their overall sales.

Luxury makes have more pressure to lease — their affluent customers like to, and can afford to, get into new vehicles more often, and leasing is a great no-fuss no-muss way to get that done. If you're always driving a relatively new vehicle it's going to be expensive, no matter which financing method you use.

Which brings us back to an essential point of leasing — leasing is not for everyone. In the previous era, many customers were mesmerized by those lowerthen-low monthly payments, and then found out the hard way, that it didn't suit their budget, needs or lifestyle. If they didn't look after the vehicle properly and/or drove it a ton, they got stung at lease end with excessive kilometre and "wear and tear" charges.

By adhering to more realistic residual (or end-of-lease) values, leasing offers are better structured than they were in the past, but lost the clear-cut cost advantage they previously held over their main competitor — a financed car loan. But automakers still use attractive lease rates to move certain models, so good leases deals are out there.

Do some reading before you go lease happy. The

Canadian Automobile Dealers Association (CADA) has published a useful document called, Turning the Lights on Leasing, which is accessible on its website (cada.ca).

Another resource is the software application, Expert Lease Pro, available at leasetips.com.

I asked publisher, Charles Hart, what is the most misunderstood aspect of leasing, by consumers?

"That it's a legal contract," said Hart. "You're entering into a legal contract. Not just taking a loan and then purchasing something. Distinct difference... Like any contract, you need to read it and understand it, before you enter into it."

And once you're in, be prepared to go the distance. Hart noted you could

prematurely end a lease.
"But it's painful and expensive."

Lowly dandelion could be Ford's next breakthrough

DRIVING FORCE

JIL McINTOSH

DRIVE@METRONEWS.CA

The next time you're cursing dandelions as you're digging them out of your lawn, try not to be so hard on them: they might be part of your car someday.

Ford has partnered with Ohio State University's agricultural research department to see if the milky sap in dandelion roots can be used in place of latex to make rubber for vehicle parts.

"I believe oil will become more scarce and we need to look at alternative materials that we can grow in this country," says Debbie Mielewski, technical leader of plastics research for Ford in Michigan.

"We use a lot of synthetic rubber and it's made from petroleum. Rubber is a natural product, but it's grown in Southeast Asia. Transportation costs are getting ridiculous, the plants are being hit by blight, and they're cutting down trees at a much higher rate than they're replacing them, so we don't think it's feasible long-term."



You're not going to get rich by weeding and selling the result. In order to get enough sap from each plant, the dandelions being studied are a special strain that's native to Russia.

"These roots are enormous compared to those in our regular dandelions here," Mielewski says.

"They were looking at it during World War Two as a local source of rubber because nothing was shipping in, but research stopped after the war ended. In the last few years, Ohio State started to look at it to see if we can grow it here as a natural source of rubber."

The dandelions are harvested, dried, and their roots snapped open to obtain the sap. In testing, it's being used the same way as natural latex to form rubber. Even if the weeds have potential, Mielewski warns that it will take years before the product actually comes



SIRIUS CARAVAN Kips Value is a comparison between the entire current Chrysler Canada lineup and the e July 6, 2011. Italien roadrukteden may be hessessay. Offers subject to chaptge and may be extended.

July 6, 2011. Leather roadrukteden may be necessary. Offers subject to chaptge and may be extended to the control of the profit of the profit







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OR CHOOSE

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36 MPG 7.9L/100 KM HWY

283HP BEST-IN-CLASS

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Dodge.ca/Offers



14 VEHICLES WITH 35 MPG HWY OR BETTER



Jeep





• Well, maybe crazy adventure as this drive takes some interesting twists and turns



The target is 500 metres away. Half a kilometre.

Without a powerful scope, the pop can at which I'm aiming the rifle isn't even visible.

"Control your breathing, Garry. Slowly inhale. Gently exhale. Keep the cross-hairs on the pop can because there is a half stick of dynamite in it and a hit means a big boom reward."

My finger twitches on the trigger of the 15 kilogram 50-calibre weapon.

I worry about the recoil ripping my shoulder off. I wonder how my wife, Lisa Calvi, and I will make out when the scores are finally tabulated on Volvo's XC Adventure, a zany two-day road trip between Los Angeles, Calif., and Gateway, Col.

We were competing against 15 other teams driving Volvo XC models: 60s, 70s and 90s.

Our ride was a Caspian blue — that's a dark blue, by the way — XC70 with all the bells and whistles, including a 300-horsepower turbocharged engine.

When we strapped into it two days earlier in L.A., I couldn't help but think of the Volvo I've owned for 31 years. The weathered blue and white 1980 DL wagon in which Ken Langley and I circumnavigated the planet in record time so many years ago has always been nicknamed Red Cloud.

"Let's call this one Blue Cloud, Lisa." My suggestion seemed more reasonable than calling a blue and white car Red Cloud.

So for the next 48 hours it was Lisa, Blue Cloud and I $\,$

About Garry

Garry Sowerby, author of Sowerby's Road, Adventures of a Driven Mind, is a four-time Guinness World Record holder for long-distance driving.

against teams from the likes of Road & Track, Motor Trend and Car & Driver magazines. Along the way we would have to make choices and test our stamina, wit and curiosity to earn points like the competitors in the hit TV show The Amazing Race.

Our first instruction seemed simple enough: get to the Las Vegas sign on the Vegas Strip by 3 p.m. that afternoon and average 25 mpg. No sweat.

I feather-footed Blue Cloud through the mountains to the high desert and brought it in at 25.6 mpg. Not bad for an all-wheeldrive tall wagon with mobility to go just about anywhere.

Along the way we completed many other tasks, including photographing three sharks in Shark Reef at Mandalay Bay Resort, scrambling up a 13-metre vertical rock face at a climbing centre, delivering dog food to the Humane Society in St. George, Utah and touring a ghost town to name just a few.

On the last day, while organizers were scoring the challenge, we hit the shooting range to fire 308 Winchester rifles at pop cans loaded with dynamite. I connect on my first shot and graduate to the massive 50-cal for the 500-metre tar-



Slowly I squeeze the trigger.

BOOM!

It sounds like an F18 fighter breaking the sound barrier overhead. No dynamite exploding though.

"You missed by four inches, closest so far." The spotter seems impressed with my shooting prowess. No big deal though because that night at the awards dinner we hit the target with the high-miler prize.

Proper thing for a Volvo named Blue Cloud, refined relative of Red Cloud, a 30year-old relic that broke the around-the-world speed record so long ago.



ALL PHOTOS COURTESY OF WHEELBASE

Just what everyone needs: a bed for a pickup bed. Available from California-based
Pittman Products International, the
patented AirBedz is available to fit most
trucks on the road — and most bed
lengths — and even includes cutouts to fit
around the inner wheel housings. AirBedz
would also work great for laying out in the
sun on a warm day or for a tailgate party
with friends. truckairbedz.com.

For small cars or for large families with bulky objects to transport, a rooftop carrier is a must. One of the more useful is the Skybox LoPro Titanium from Yakima Products Inc. The company offers dozens of carriers, but this 15-cubic-foot container features a low 28.5-centimetre height that cuts wind resistance (to aid fuel economy) and noise, while allowing your vehicle to fit inside most garages, yakima.com.

It used to be that only trained automotive technicians could determine the cause of that mysterious glowing "check-engine" light. But now you can diagnose just about any newer vehicle's system, determine the problem — and gather how much the repair should cost — with the CarMD. When plugged into the On Board Diagnostics port located just beneath the dashboard of your 1996 or newer vehicle, the tester's series of green, yellow and red lights will indicate if a problem exists. carmd.com.

Drivers who like to record and evaluate their vehicle's performance are likely familiar with the G-Tech-Pro brand. Well, the company has recently released the new SS (Super Street) and RR (Road Racer) models with added features. Along with displaying current speed, horsepower, and elapsed times, the SS with GPS technology also records whatever elapsed-time intervals you want while your vehicle is in motion. gtechpro.com. WHEELBASE

An upscale driving experience

○ Volkswagen Tiguan loved for refinement, sportiness

SECOND GFAR



The VW Tiguan is a compact SUV that was launched in 2009 to Canadian shoppers. Still on sale, the model receives an update for the 2011 model year.

With standard turbo power, two or all-wheel drive and sporty driving dynamics, the Volkswagen Tiguan stood out in the marketplace as a sporty and exciting contender.

Standard equipment included a two-litre four-cylinder turbo engine with 200 horsepower, front-wheel drive and a five-speed man-

What's the 4-1-1

Model: 2009 to 2011 Volkswagen Tiguan Vehicle type: Crossover

ual transmission. A sixspeed automatic was available, and standard on 4Motion all wheel drive models.

Feature content included heated leather seating, a sunroof, navigation, rainsensing wipers, a backup camera, Bluetooth and automatic climate control.

What Owners Like

Tiguan owners typically rave about sporty ride and handling characteristics, impeccable fit and finish, classy styling, and a long list



of bells and whistles.

Small car driving manners and manoeuvrability are also highly rated.

What Owners Dislike

Complaints of the Tiguan tend to be centred around minor interior rattles as the vehicle ages, as well as its requirement to run on premium gas.

Some owners wish for

better gas mileage, and many complain of limited cargo space in the back.

Common Issues

Start a test-drive of the Tiguan with a full check of all interior electronics — including the power/heated seats, navigation system and all lights.

A few owners have reported having transmis-

sions replaced under warranty, and others note a strange and intermittent "thump" as the vehicle comes to a stop in traffic.

Information on Tiguan transmission issues scarce, but if the automatic gearbox in the unit you're considering exhibits any unwelcomed behaviour, be sure to have it checked out.

Note that any sputtering

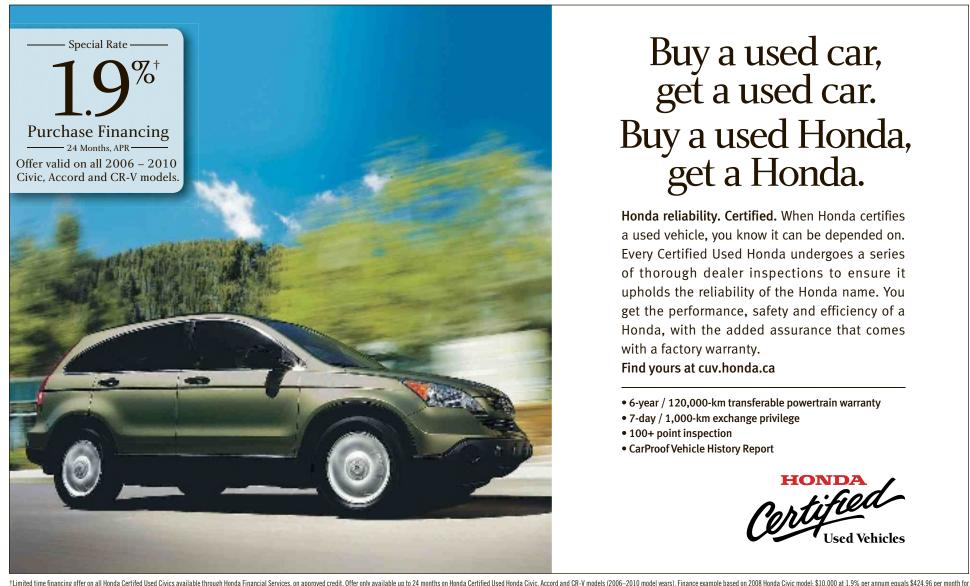
or "lumpiness" in acceleration could be caused by a bad engine sensor or ignition coil packs, and that any check engine lights should be investigated by a trained VW mechanic.

Finally, check the floor carpeting, especially around the front footwells for signs of moisture, which could indicate a clogged or pinched-off sunroof drainage tube.

The Verdict

Tiguan will command a price premium for its purchase and operating costs, though most owners agree that the upscale driving experience and sporty performance more compensate.





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- 7-day / 1,000-km exchange privilege
- 100+ point inspection
- CarProof Vehicle History Report



A road trip with the right kind of memories

After months of fighting snow and wind, Canadians are gearing up for summer road trips.

From a little kid tucked in the backseat heading to the cottage, to a group of friends loading up the car for a camping trip, almost every Canadian has an epic summer drive memory.

Unfortunately, many also have memories of their vehicle being broken down on the side of the road with no help in sight.

A little proactive mainte-

nance is the first step for a worry-free trip. Schedule a full service check-up two weeks prior to hitting the road including a tune-up and fluid top-up. Chances are during the winter months, you or your mechanic added more antifreeze to your radiator's coolant mix to prevent it from freezing. In excessive amounts, antifreeze can actually reduce cooling efficiency, resulting in higher engine temperatures. Have your mechanic check the

concentration and adjust or change the coolant if required.

Help your engine perform at its best by filling your tank with a high-quality gasoline.

Gasoline primarily contains carbon and hydrogen molecules, and combustion can create a residue, called gunk, which is a build-up of carbon particles on critical engine parts," explains Ken Mitchell, an engineer from Shell Canada.

"This gunk has a porous

surface that can negatively affect the performance of your vehicle. Some highquality fuels ... clean and protect critical engine parts from the build-up of gunk while you drive."

Along with your personal packing list, you'll want to be equipped with a travel kit for your vehicle. Essentials include: a rechargeable flashlight, a blanket, nonperishable food and water, flares and a jumper cable for your battery, and the contact numbers for your

insurance agency and your roadside service provider. For longer trips, it never hurts to have extra fluids in the trunk — just in case.

The last piece of the puzzle for any road trip is getting where you need to go.

Thanks to smartphones and Google maps, it's never been easier to plan your route and explore every nook and cranny of this great country, right down to where your next fill-up will be.

"There's nothing worse

than rolling into a small town late at night when your fuel tank is on "E," and not knowing where to go,' said Mitchell.

So no matter where your epic summer drive takes you — the Cabot Trail, the TransCanada through the Rockies or through waving wheat fields of the prairies – these tools can help make sure that summer of 2011 delivers a road trip with the right kind of mem-





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Agaings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2011 Top Safety Pick. VBased on 2008 over 2007/2009 over 2008/2010 over 2009 sales in Canada for Japanese car manufacturers; individual brands/divisions not considered separately. **Based on ALG's 2011 Residual Value Awards for Best Midsize and Best Midsize Utility and Best Midsize Utility

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Crossword

Across

- 1 Mary's pet
- 5 Sleepwear, for short 8 Commotions
- 12 Brit's exclamation
- 13 Debtor's letters
- 14 Domesticate
- 15 Made moist
- 17 Send forth
- 18 Lance
- 19 Crouches 21 Line of fashion?
- 24 Boom times
- 25 Auction actions
- 28 Asian desert
- 30 Animation frame
- 33 Historic time 34 Bolivian city
- 35 Guitar's cousin
- 36 Jewel
- 37 War god 38 Cruising
- 39 Pick a target
- 41 Profound
- 43 Jamaican music stvle
- 46 Blunder
- 50 Satan's specialty
- 51 Greek threatened by a sword
- 54 Flintstones' pet
- 55 Wildebeest 56 Aid
- 57 Lily variety
- 58 Tackle's teammate 59 Slithery

Down

- 1 Covers

- 4 Circumvent

- 2 Now, on a memo
- 3 Jerry Herman musi-
- 5 Wrestling win

6 Scarborough of MSNBC

- 7 Lather
- 9 Syrian city
- 10 Leave out
- 11 Collections 16 Before
- 22 Culture medium
- 25 Plead 26 Rage

- 31 out a living
- 8 Enjoyed thoroughly

- 20 Classroom sur-
- prise
- 23 Segway alternative
- 27 Harmful
- 29 Diamond corner

32 Meadow

- 34 Dalai —
- 38 Iraq War helicopter

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- 40 Nome dome home 42 Id counterpart
- 43 Cincinnati team 44 1960s singer Sands
- 45 Rim
- 47 Run away 48 Toppled
- 49 Catch sight of 52 Massachusetts
- cape 53 Pie filling?

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For today's crossword answers and for expanded horoscopes,

Ω Leo July 23-Aug.23 Don't worry if you fall out with a friendbecause you will be the best of

W Virgo Aug. 24- Sept. 22 If you want guarantees you won't be out of pocket if you agree with a pal's proposal, you're asking too much.

mates again by tomorrow.

Libra Sept. 23-Oct. 23 Your way with words will charm everyone around you today.

M Scorpio Oct. 24-Nov. 22 You will clash with someone whose opinions you disagree with, not for the first time and not for the last.

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✓ Sagittarius Nov. 23-Dec. 21 You need to channel your feelings into something of a worthwhile nature, such as a creative project.

You're not in the mood for fun and games. These are serious times. Aquarius Jan. 21-Feb. 18

B Capricorn Dec. 22-Jan. 20

the moment and if you are smart, you will make the most of it.

H Pisces Feb. 19-March 20. If

live up to it — especially on the work front. SALLY BROMPTON

Sudoku

1	8						3	6
	4			3			9	
		5	9		8	7		
			8		7			
8								1
			1		9			
		7	6		2	3		
	6			5			7	
5	1						2	4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	4	1	2	8	3	6	9	5
5	3	в	9	8 7 5	1	2	4	8
2	8	9	6	5	4	3	7	1
9	5	8	4	6	7	1	2	2
3	6	4	1	0	-	-		9
1	2	7	8	3	9	4	5	6
8	7	3	5	3	6	9	2	6
4	1	2	3	9	8	5	6	7
6	9	5	7	4	2	8	1	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Hollywood? we will make a great team..if silence is so powerful imagine what normalcy could have been? I WILL COME WITH YOU

Final Fantasy, I'm totally "nuts" about you, but I promise to stay away from them. As long as you promise to finally kiss

me! DRAGONBALL Z

My dashing blue, You're more powerful than I am. My only regret that things could have been handled better than how they were. Love is a powerful feeling & we made no sin falling in love. That is the feeling I always got from you - sin/oh no/sin. Never happened w/ me b4 hon, will never happen again coz the space is filled, coz there is only one of you who is really spectular in this whole world. Wish u all my love now n always. FINAL THOUGHT:)

Today 25"/15" Thundershowers

Thursday 26"/16" Sunny



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Today's horoscope

T Aries March 21-April 20

You won't hesitate to speak your mind. Be careful because what you say could have far-reaching results. Taurus April 21-May 21 If you went to extremes in some way yesterday, you will have to balance things out over the next 24 hours.

II **Gemini May 22-June 21** You may be a bit unsure of yourself, but it's nothing to worry about. Tomor-

current workload is heavy, you will

need help from partners.

row you'll be back to your best. • Cancer June 22-July 22 If your

You're in everyone's good books at

you've made a promise, you must





Write a funny caption for the image above and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.





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